

RESULTS

LITTLE STRETTON TO STIPERSTONES TIME TRIAL: 27TH NOVEMBER 2005

TIM DAVIES REASSERTS HIS AUTHORITY!

A remarkable run to smash his own record means that Tim Davies has taken back the title that Rob Baker has held for the last two years. Tim's run turned out to be the highlight of what was a very successful day for the Davies family – read on.....

	<i>Club</i>	<i>Start</i>	<i>Finish</i>	<i>Time</i>	<i>Class</i>	
1	Tim Davies	Mercia FR	10:20:00	11:16:52	0:56:52	A1
2	Rob Baker	Dark Peak FR	11:17:00	12:18:24	1:01:24	A2
3	Jamie Loxam & Andrew Davies	Stockport / Mercia FR	10:25:00	11:27:50	1:02:50	R1
4	Andrew Lister	UA	11:16:00	12:19:48	1:03:48	A3
5	Harry Matthews	Oswestry OI	9:44:00	10:48:46	1:04:46	A4
6	Andy Davies	Mercia FR	11:02:00	12:07:32	1:05:32	A5
7	Pete Vale	Mercia FR	11:30:00	12:36:13	1:06:13	A6
8	Matthew Clewes & Andrew Wright	Mercia FR (both)	10:27:00	11:38:10	1:11:10	R2
9	Tim Werrett	Mercia FR	11:06:00	12:18:17	1:12:17	A7
10	Jon Hedger	UA	11:18:00	12:30:19	1:12:19	A8
11	Russell Mapp	Ludlow Runners	10:30:00	11:42:43	1:12:43	B1
12	Gavin Stewart	Mercia FR	10:46:00	11:59:54	1:13:54	A9
13	Bob Couth	Mercia FR	11:00:00	12:14:56	1:14:56	B2
14	Polly Gibb	Mercia FR	10:45:00	12:00:11	1:15:11	F1
15	Simon White	UA	11:03:00	12:18:18	1:15:18	A10
16	Paul Cadman	Mercia FR	10:52:00	12:07:32	1:15:32	B3
17	Edward Davies	Mercia FR	10:12:00	11:27:42	1:15:42	C1
18	John Sanders & Andy Smith	Telford AC (both)	10:00:00	11:16:07	1:16:07	R3
19	Neil Postans	Shropshire Shuffs	9:53:00	11:09:19	1:16:19	A11
20	Andy Clough	Wrekin 'O'	10:00:00	11:17:42	1:17:42	B4
21	Lawrie Jones	Wrekin 'O'	10:21:00	11:39:23	1:18:23	C2
22	Darren Ellis	Ludlow Runners	9:40:00	10:58:27	1:18:27	A12
23	Mark Fen & Scott Lewis	Mercia FR (both)	10:50:00	12:09:20	1:19:20	R4
24	Anna Bartlett	Shrewsbury AC	9:50:00	11:10:16	1:20:16	F2
25	Eddie Austrums	Mercia FR	11:05:00	12:27:05	1:22:05	C3
26	Andrew Spreadborough	Ludlow Runners	9:52:00	11:14:15	1:22:15	B5
27	C Myles	UA	10:13:00	11:35:23	1:22:23	B6
28	G Cowley & J Cowley	UA (both)	9:35:00	10:57:40	1:22:40	T1
29	Grahame Hughes	Mercia FR	11:29:00	12:51:43	1:22:43	B7
30	Brian Morris	Wrekin 'O'	10:55:00	12:18:24	1:23:24	D1
31	Paul Sanderson & Geoff Beech	Telford AC / Telford Harr	9:55:00	11:19:25	1:24:25	R5
32	Charles Sinclair	Shrewsbury Masters	11:13:00	12:37:26	1:24:26	B8
33	Tony Thompson	Mercia FR	11:12:00	12:37:10	1:25:10	C4
34	Keith Richards & Gill Harris	Mercia FR (both)	11:05:00	12:30:48	1:25:48	T2
35	Alan Morris	Shropshire Shuffs	10:48:00	12:13:52	1:25:52	D2
36	Geoff Keenan & Mark Keast	Sidmouth RC (both)	10:10:00	11:35:56	1:25:56	R6
37	Mark Bollom & Rachael Bollom	Mercia FR (both)	9:39:00	11:05:49	1:26:49	T3
38	Robert Tedcastle & Graham Parton	Shrewsbury AC (both)	10:58:00	12:25:38	1:27:38	R7
39	Mick Ward	Oswestry OI	10:47:00	12:14:46	1:27:46	D3
40	Alastair Drummond & Grace Chillingworth	Shrewsbury AC (both)	11:04:00	12:31:47	1:27:47	T4
41	Jonathan Ollier	UA	10:05:00	11:33:23	1:28:23	A13
42	Tom Cave	Shrewsbury Mountaineers	10:53:00	12:21:44	1:28:44	B9
43	Julia Leventon & Clare Leventon	Manch Univ / S Yorks 'O'	11:11:00	12:39:55	1:28:55	S1
44	Jenny York & Ron Ball	Shropshire Shuffs (both)	10:45:00	12:14:39	1:29:39	T5
45	Paul Hill & John Littley	Telford Harriers (both)	9:34:00	11:03:44	1:29:44	R8
46	Jane Rowlands	Ludlow Runners	9:34:00	11:05:19	1:31:19	F3
47	Phil Blatch	Mercia FR	11:15:00	12:46:33	1:31:33	C5
48	Colin Williamson	Shropshire Shuffs	10:39:00	12:11:30	1:32:30	D4
49	John Yandell & Peter Cooke	UA (both)	9:36:00	11:08:38	1:32:38	R9
50	Denis Rowlands	Ludlow Runners	9:38:00	11:11:29	1:33:29	C6
51	Richard Paddock	Shropshire Shuffs	9:45:00	11:19:54	1:34:54	B10
52	Vaughan Griffiths & Terri Davies	Maldwyn Harriers (both)	10:03:00	11:38:04	1:35:04	T6
53	Stephen Bajic	UA	9:46:00	11:21:08	1:35:08	B11
54	Pete Jones	Wrekin 'O'	9:33:00	11:08:58	1:35:58	D5
55	Julia Toone & Oliver Cox	UA (both)	10:14:00	11:50:02	1:36:02	T7
56	Alex Rankin	Shropshire Shuffs	10:01:00	11:37:35	1:36:35	B12
57	Peter Johnson	UA	9:48:00	11:24:48	1:36:48	C7

A=Senior Man; B=Vet o40 Man; C=Vet o50 Man; D=Vet o60 Man
E=Senior Woman; F=Vet o35 Woman; G=Vet o45 Woman; H=Vet o55 Woman
R=Men Pair; S=Women Pair; T=Mixed Pair

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	<i>Club</i>	<i>Start</i>	<i>Finish</i>	<i>Time</i>	<i>Class</i>	
58	Tony Callow	Wrekin 'O'	10:51:00	12:28:43	1:37:43	A14
59	Simon Cathcart	HighSports	11:14:00	12:51:54	1:37:54	A15
60	Andrew Henderson	UA	9:31:00	11:09:22	1:38:22	B13
61	Dave Nicholls	Mercia FR	10:50:00	12:30:01	1:40:01	C8
62	Geoff Harris	Shropshire Shuffs	9:41:00	11:22:39	1:41:39	D6
63	Clive Richardson & Sharron Richardson	Wrekin 'O' (both)	10:35:00	12:18:21	1:43:21	T8
64	Alan Jenkins & Helen Winters	Telford Harriers (both)	9:57:00	11:40:35	1:43:35	T9
65=	Phil McVeigh	Shropshire Shuffs	9:42:00	11:25:38	1:43:38	A16
65=	Gareth Bellamy	Telford Harriers	9:57:00	11:40:38	1:43:38	B14
67	T Parry	Raelagh Harriers	9:51:00	11:35:16	1:44:16	A17
68	Chris Edwards & Mick Edwards	Dark Peak FR (both)	9:30:00	11:14:28	1:44:28	R10
69	Michelle Keas & Jean Turner	Telford Harriers (both)	9:56:00	11:40:38	1:44:38	S2
70	Graham Hardy	Wrekin 'O'	10:10:00	11:54:51	1:44:51	D7
71	Emma Johnson & Frank Whitley	UA (both)	10:02:00	11:46:55	1:44:55	T10
72	Gordon Trevor	Shrewsbury AC	9:36:00	11:21:39	1:45:39	C9
73	Barbara Keenan	Devon 'O'	10:06:00	11:51:54	1:45:54	F4
74	Stuart Cathcart	HighSports	11:34:00	13:20:23	1:46:23	C10
75	Keith Matthews	Oswestry OI	9:43:00	11:30:54	1:47:54	D8
76	Greg Hearle & Andrew Hearle	UA (both)	10:43:00	12:34:25	1:51:25	R11
77	Chris Roberts	HighSports	10:33:00	12:28:01	1:55:01	B15
78	Pam Matthews & Pauline Travers	Oswestry OI (both)	9:41:00	11:36:14	1:55:14	S3
79	Liz Hird	Shropshire Shuffs	9:37:00	11:32:34	1:55:34	G1
80	Adrian Donnelly & Joseph Donnelly	UA (both)	11:21:00	13:17:27	1:56:27	R12
81	Philip Jones	UA	10:22:00	12:20:43	1:58:43	B16
82	Rick Robson & Bess Robson	Mercia FR / UA	11:25:00	13:23:51	1:58:51	T11
83	Alison Bradley & Olivia Glackin	UA (both)	10:36:00	12:35:09	1:59:09	S4
84	Dave Leeds & Andy Collins	UA (both)	10:22:00	12:21:23	1:59:23	R13
85	Carole Leeds & Steve Westwood	UA (both)	10:21:00	12:21:23	2:00:23	T12
86	Richard Jolly & Alan Roberts	UA (both)	9:32:00	11:32:57	2:00:57	R14
87	Steph Mackey	UA	11:19:00	13:20:23	2:01:23	G2
88	Anne Thorp & Jo Sharp	Ludlow Runners (both)	10:30:00	12:32:28	2:02:28	S5
89	Maria Spurling	Shropshire Shuffs	9:30:00	11:33:05	2:03:05	E1
90	Derek Owen & Sheila Richards	Shrews AC / Shrops Shuffs	9:47:00	11:57:38	2:10:38	T13
91	Chris Dawes	LDWA	10:49:00	12:59:56	2:10:56	D9
92	John Hall	UA	9:35:00	11:46:52	2:11:52	C11
93	Dave Woodvine & Dave Rowley	Shrops Shuffs (both)	10:01:00	12:16:24	2:15:24	R15
94	Terry Caro	Shrewsbury Mountaineers	9:39:00	12:02:33	2:23:33	C12
95	Barrie Nicholas & Val Nicholas	Mercia FR (both)	9:40:00	12:05:48	2:25:48	T14
96	Judy Gardner	UA	9:49:00	12:15:00	2:26:00	G3
97	Sue Johnson	UA	9:47:00	12:14:58	2:27:58	G4
98	Phil Clarke & Emma Clarke	Ludlow Runners / UA	9:50:00	12:24:56	2:34:56	T15
99	Angie Walshaw & Terry Davies	UA / Mercia FR	9:25:00	12:01:03	2:36:03	T16
100	John Sproson	UA	9:32:00	12:13:06	2:41:06	D10
101	Phil Harris & Amanda Pearce	Mercia FR & UA	10:31:00	13:28:21	2:57:21	T17
102	Andrew Carruthers & Christina Robinson	Halesowen AC (both)	9:45:00	13:01:17	3:16:17	T18
103	Carmen Mayo & Siobhan Reedy	UA (both)	9:46:00	13:04:28	3:18:28	S6
104	Evelyn+Meg Over & Sue Ford	UA (all)	9:26:00	13:54:45	4:28:45	S7
105	Sally Holgate & Meg Holgate	UA (both)	9:26:00	13:56:47	4:30:47	S8

RACE NOTES: Tim Davies' new time has removed a very impressive 1 minute 16 seconds from his previous record. Feigning a certain lack of confidence at the Start, Tim set off like a rat out of a trap and was seen by others to vault the gate in the lane as he approached the finish. This performance ensured he finished over four and a half minutes in front of Rob Baker. Nevertheless Rob posted his fastest time yet in being denied his hat trick of wins.

Newcomer Andy Lister (currently between clubs) produced what must be one of the best first-time efforts to record a time of under 64 minutes for third place. It's not uncommon for first-timers, unsure of pace and route, to post times that leave plenty of scope for improvement in following years - but Andy's performance seems worthy of remark as his arrival the day before was his first visit to the Shropshire hills.

Competition in the women's categories was characterised by the familiar domination of Polly Gibb whose time of just over 75 minutes impressed herself if not surprising others. However, Anna Bartlett now shows all the signs that she can challenge Polly for the title next year. Although Jane Rowlands had an excellent run and improved her time on last year's by more than 11 minutes, the presence of Polly running solo and Anna improving her time by more than 27 minutes meant she was pushed down a place to third.

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Russell Mapp led home the contingent of Ludlow Runners to win the over 40 men's category to be followed barely 3 minutes later by the heavily tipped Ed Davies in the over 50 category. The evergreen category (over 60s) promised an exciting tussle between sub 90-minute runners Alan Morris, Brian Morris, Colin Williamson and Mick Ward. With Alan not quite reaching his peak of recent years and Colin (allegedly) making some speculative route decisions it was left to Brian to take the title on his return to the competition. This category promises to be even more competitive next year when Tony Thompson (85+ mins.) joins its ranks.

In the pairs categories Andrew Davies and Jamie Loxham sliced 2 minutes 17 seconds off the fastest time (set last year by Tim Davies and Andy Yapp) and completed a good day out for the Davies family. G and J Cowley from Church Stretton produced a very respectable time to take the mixed pair category whilst the Leventon girls took the Women's pair title, just failing in their attempt at the fastest time by 12 seconds.

A particular "well done" to all the youngest participants including seasoned campaigners Megan Holgate and Megan Over and first-timers Evelyn Over and Emma Clark. It is hoped they will follow in the tracks of Greg Hearle (14), Joseph Donnelly (12) and Bess Robson (13) who each posted very creditable times for their ages.

It's remarkable how many competitors are consistent year on year with, for instance, runners such as Bob Couth, Alan Morris, John Hall and Chris Dawes returning time and again to post times that vary by only a few minutes. However a few of the more significant improvements this year include (in addition to Anna and Jane mentioned above): Neil Postans - 11 mins. faster this year on last; Rachael & Mark Bollom - 21 mins.; Graham Hardy - 16 mins.; Alison Bradley & Olivia Glackin - 26 mins.; Steph Mackey - 24 mins. - with apologies to those whose super-human efforts have not been highlighted.

A NOTE ON PRIZES: A donation of £100 has been made with the intention that it supports the spirit of the Time Trial with a prize each year over the next ten years. The anonymous donor suggested it be used to "encourage each end of the age range to try this type of event or to continue to take part as a pair". You will see that having looked closely at the age information available to me, the older generation has been favoured this year.

Continuing in the tradition of supporting local businesses a significant number of the prizes are Christmas cakes baked at Clee Downton. More information can be found at www.simplydeliciouscakes.co.uk

Twenty prizes have been awarded as follows: First three overall solo - Tim Davies, Rob Baker and Andy Lister; First and second woman solo - Polly Gibb and Anna Bartlett; First over 40 - Russell Mapp; First over 50 - Ed Davies; First over 60 - Brian Morris; First 'more senior woman' - Liz Hird; First pair - Andrew Davies & Jamie Loxham; First mixed pair - G & J Cowley; First female pair - Clare & Julia Leventon; Pair nearest the mean time - Greg & Andrew Hearle; Youngest person to complete within 2 hours - Joseph Donnelly; The '**Spirit of the Time Trial**' prize this year awarded to the Pair with the greatest aggregate age (121 yrs.) completing within 150 minutes - Val and Barrie Nicholas.

WEATHER: Cool, but no rain and good visibility. **GROUND:** Wet and muddy.

SOME STATISTICS & ODD FACTS (last year's figures in brackets): 146 (153) competitors - 43 (42) women and 103 (111) men. 64 (65) solo competitors - 9 (9) women.

Clubs - Mercia Fell Runners: 27 (32) competitors; Shropshire Shufflers: 14 (17); Ludlow Runners 8 (7); Wrekin Orienteers 8 (8); Teford Harriers 8 (3); Shrewsbury AC: 7 (14); Oswestry Olympians: 5 (9).

Total effort expended - equivalent to more than 262 person hours. The mean time taken = 1:47:47 and the median time = 1:36:48. Youngest competitor to finish = 8 years old; and the oldest = 71.

Visiting competitors came from Sidmouth, Manchester, Sheffield, Loughborough, Stockport, Isleworth and Bradford.

THANKS: Every year a small band of helpers turn out to help at the start and finish - a big thank you in particular to: Jill Leventon, Debbie Clough and Alison Cathcart (Finish); Stuart Cathcart, Bob Couth and Phil Harris (Start) and to the Robsons for the accommodation of their camper van. Again many thanks go to **HIGH SPORTS** for unstinting support, encouragement and the donation of prizes, **THE STIPERSTONES INN** - Lara and her staff for good-humoured hospitality and **MICK BOULTON (BOULTONS COACHES)** for organising the Finish to Start bus service.

SIMPLE ACCOUNTS: Income £302 (£292 entry fees + £10 donation); Prizes £199; Expenses £48; Donation to 'Youngsters in the Mountains' fund £55.

'**YOUNGSTERS IN THE MOUNTAINS**' is a **HIGH SPORTS** initiative to help young people expand their horizons and experience in the hills through the award of small grants. This could include assistance for young fell runners, orienteers and adventurers in the hills - call in at the shop (Wyle Cop, Shrewsbury) for more details or see www.highsports.co.uk

NEXT YEAR: The 19th Time Trial is planned for Sunday 26th November 2005 - but check nearer the time.

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