

LITTLE STRETTON TO STIPERSTONES TIME TRIAL – 28TH NOVEMBER 2010

RESULTS

Church Stretton Resident Wins Arctic Crossing Tricky Conditions so..... British Fell Champion Sends Wife!

	Name(s)	Cat.	Club	Start	Finish	Time
1	Andy Davies	M40	Mercia FR	10:53:00	12:02:02	01:09:02
2	Paul Jones	M40	Oswestry Ol	10:44:00	11:53:15	01:09:15
3	Rob Baker	M	Dark Peak FR	10:04:00	11:14:44	01:10:44
4	Mark Bollom	M	Mercia FR	09:21:00	10:33:25	01:12:25
5	Amanda Wright-Smith, Nick Thomas	XPair	Birchfield H / Telford H	10:17:00	11:32:09	01:15:09
6	Matthew Clewes	M50	Mercia FR	10:06:00	11:21:54	01:15:54
7	Anna Bartlett	W40	Shrewsbury AC	10:40:00	11:58:03	01:18:03
8	Andrew Davies, Glyn Fletcher	MPair	Mercia FR / Maldwyn H	09:40:00	10:58:05	01:18:05
9	Rob Hughes, Kev Hope	MP	Mercia FR / Notts AC	10:31:00	11:49:32	01:18:32
10	Thomas Burton	M	Bristol Bike C	09:57:00	11:16:14	01:19:14
11	Paul Gresty	M50	Shropshire Shuff	10:05:00	11:24:50	01:19:50
12	Russel Mapp	M50	Mercia FR	10:02:00	11:22:11	01:20:11
13	Val Swingler	W40	Shropshire Shuff	10:08:00	11:29:56	01:21:56
14	Lawrie Jones	M50	Wrekin O	10:57:00	12:19:07	01:22:07
15	David Egglestone	M40	Shropshire Shuff	09:54:00	11:16:33	01:22:33
16	Nigel Glaze	M40	Mercia FR	10:25:00	11:49:18	01:24:18
=17	Andrew Hearle	M50	Mercia FR	11:25:00	12:49:49	01:24:49
=17	Grahame Hughes	M50	Mercia FR	11:15:00	12:39:49	01:24:49
19	Chris Myles	M40	Shropshire Shuff	10:20:00	11:45:02	01:25:02
20	Clive Richardson	M40	Wrekin O	10:22:00	11:47:34	01:25:34
21	Steve Bajic	M50	Telford H	09:51:00	11:17:34	01:26:34
23	Andy Clough	M50	Wrekin O	11:07:00	12:34:11	01:27:11
24	Adrian Donnelly, Joe Donnelly	MP	Mercia FR / Mercia FR	09:39:00	11:07:03	01:28:03
25	Darren Mitchelmore	M	Pontesbury TRY	09:50:00	11:19:21	01:29:21
26	Nick Eyke	M50	Oswestry Ol Tri	10:13:00	11:42:58	01:29:58
27	Peter Johnson	M50	Mercia FR	09:59:00	11:29:59	01:30:59
28	Mel Price, Emma Clarke (13)	WPair	Mercia FR / Mercia FR	09:50:00	11:22:58	01:32:58
29	Alastair Drummond, Grace Chillingwoth	XP	Shrewsbury AC / Shrewsbury AC	10:45:00	12:18:05	01:33:05
30	David Malia	M40	Cobra RC	10:03:00	11:36:50	01:33:50
31	Tony Callow	M40	Wrekin O	10:21:00	11:55:48	01:34:48
32	Tim Morris	M	Shropshire Shuff	10:50:00	12:24:56	01:34:56
33	Bob Couth	M50	Mercia FR	11:00:00	12:35:15	01:35:15
34	Phil Blatch	M50	Mercia FR	10:32:00	12:09:31	01:37:31
35	Alex Rankin	M50	Shropshire Shuff	10:23:00	12:01:01	01:38:01
36	Clare Baker	W	Hallamshire H	09:25:00	11:03:28	01:38:28
37	Paul Flinn, Jim Tinnion	MP	Mercia FR / Mercia FR	10:10:00	11:50:23	01:40:23
38	Tom Cave	M50	Shrewsbury MC	09:29:00	11:10:32	01:41:32
39	Peter Nebitt, Michael Bastow	MP	Oswestry Ol / Oswestry Ol	10:11:00	11:55:05	01:44:05
40	Rick Robson	M50	Mercia FR	09:36:00	11:20:26	01:44:26
41	Kate Whitfield	W40	Shropshire Shuff	10:20:00	12:04:58	01:44:58
42	John Rickus	M50	Telford H	09:52:00	11:37:04	01:45:04
43	Nicola Richards, Neal Bailey	XP	Mercia FR / Mercia FR	09:42:00	11:27:07	01:45:07
44	Adrian Lowe	M40	UA	09:28:00	11:13:25	01:45:25
45	Dave Farrow	M40	Mercia FR	10:07:00	11:52:30	01:45:30
46	Tony Thompson	M60	Mercia FR	10:30:00	12:15:34	01:45:34

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47	Michael Cook	M50	Marches LDWA	09:53:00	11:39:00	01:46:00
48	Helena Bramwell	W40	Shropshire Shuff	10:17:00	12:03:03	01:46:03
49	Jane Rowlands	W40	Ludlow R	09:27:00	11:13:34	01:46:34
50	David Tozer, Duncan Bowdler	MP	Bayston Hill SD / Bayston Hill SD	10:28:00	12:14:57	01:46:57
51	Colin Downey, Mark Skidmore	MP	Mercia FR / Dudley Kingswinford	09:44:00	11:30:58	01:46:58
52	Sharron Richardson	W	Shropshire Shuff	10:16:00	12:03:02	01:47:02
53	Mark Bayliss, Louise Dermont	XP	Shropshire Shuff / Shropshire Shuff	09:31:00	11:18:08	01:47:08
54	Rodney Jones	M60	Newport & D RC	10:27:00	12:15:02	01:48:02
55	Steve Atherton	M50	UA	11:05:00	12:53:17	01:48:17
56	Dick Scroop	M60	Mercia FR	09:30:00	11:19:31	01:49:31
57	Wayne Guest	M40	Shropshire Shuff	10:18:00	12:07:51	01:49:51
58	Richard Sheppard	M40	UA	10:46:00	12:36:49	01:50:49
59	Jamie Drummond, Rob Tedcastle	MP	Shrewsbury AC / Shrewsbury AC	10:14:00	12:06:42	01:52:42
60	Andrew Barton, Richard Curtis	MP	Shropshire Shuff / Shropshire Shuff	10:00:00	11:53:01	01:53:01
61	Traharn Chidley, Emma Wareham	WP	Leisure Lakes Boom!! / Leis Lakes B!!	10:02:00	11:55:44	01:53:44
62	Alun Owen, Dereck Owen	MP	Trismart / Shrewsbury AC	10:19:00	12:13:01	01:54:01
63	Graham Hardy	M60	Wrekin O	10:09:00	12:03:21	01:54:21
64	Ellen Ashton, Bill Cook	XP	Oswestry OI / Oswestry OI	09:38:00	11:32:46	01:54:46
65	Peter Grindley	M60	UA	09:56:00	11:51:03	01:55:03
66	Don Hale, Max Hale	MP	Mercia FR / Mercia FR	09:26:00	11:25:43	01:59:43
67	Reanne Atherton	W	UA	10:52:00	12:52:29	02:00:29
68	Jacqui Loxam, Lucy Davies	WP	Mercia FR / UA	09:34:00	11:36:39	02:02:39
69	Michael Burton	M50	LDWA	09:55:00	11:57:48	02:02:48
70	Sue Foster, Stuart Morris	XP	Telford H / Shropshire Shuff	10:51:00	12:54:55	02:03:55
22	Dave Clarke	M50	UA	09:47:00	11:51:12	02:04:12
71	Gordon Trevor	M60	Shrewsbury AC	10:16:00	12:20:21	02:04:21
72	Anthony Marston	M40	UA	10:12:00	12:21:10	02:09:10
73	Grahame James, Stephanie Mackey	XP	Mercia FR / UA	09:46:00	11:57:59	02:11:59
74	Sharon Davies, Dianne Spencer	WP	Mercia FR / Mercia FR	09:30:00	11:43:51	02:13:51
75	Annie Dyson	W40	Marches LDWA	09:37:00	11:55:33	02:18:33
76	Jessica Sanders, Grant Caudwell	XP	UA /UA	09:20:00	11:40:43	02:20:43
77	Janice Curtis, Elizabeth Salisbury	WP	Shropshire Shuff / Shropshire Shuff	10:00:00	12:20:56	02:20:56
78	Chris Bowen	M60	UA	10:43:00	13:03:57	02:20:57
79	Nick Kingston, Rachel Donovan	XP	Mercia FR / Mercia FR	10:05:00	12:28:54	02:23:54
80	John Whittingham, Sophie Whittingham	XP	UA /UA	09:22:00	11:46:53	02:24:53
81	Keith Richards, Rachael Bollom	XP	Mercia FR / Mercia FR	09:41:00	12:11:58	02:30:58
82	Andy Collins, Lucy Hart (8)	XP	Two Wheels Cycles / Two Wheels Cycles	09:56:00	12:28:04	02:32:04
83	Jill Leventon	W60	Mercia FR	08:41:00	11:15:44	02:34:44
84	Geoff Sproson, John Sproson	MP	Marches LDWA / Mercia FR	09:51:00	12:36:08	02:45:08
85	Mick Ward	M60	Oswestry OI	10:14:00	13:09:40	02:55:40
86	Alan Morris, Karen Brennan	XP	Shropshire Shuff / UA	09:10:00	12:11:02	03:01:02
87	Ian Hughes, Lauren Hughes (12)	XP	UA /UA	09:21:00	12:25:22	03:04:22
88	Pauline Richards	W60	Mercia FR	09:28:00	12:41:14	03:13:14

WEATHER: Extremely cold air temperature (Shrewsbury recorded -13C and Powys -17, the previous night) but no wind and a perfectly clear sunny day. Brilliant!

GROUND: A good covering of snow with ground beneath icy - descents being particularly tricky.

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PRIZES: Most prize winners receive a copy of *The Best of the Fells* by Peter Hooper with copies signed by Peter going to the first man and to the first woman. Sales of this fascinating little book contribute funds to Mountain Rescue. Thanks go to Peter not only for producing the book but for his assistance in supplying copies.

Additional copies can be ordered at <http://www.lulu.com/>

PRIZE LIST:

First three overall solo:	Andy Davies (o40), Paul Jones (o40), Rob Baker
First three women solo:	Anna Bartlett (o40), Val Swingler (o40), Clare Baker
First over 50 man:	Matthew Clewes
First over 60 man:	Tony Thompson
First 'Grande Dame':	Jill Leventon
First pair:	Andrew Davies, Glyn Fletcher
First mixed pair:	Amanda Wright-Smith, Nick Thomas
First female pair:	Mel Price, Emma Clarke (13)
For notable efforts:	Lucy Hart (8) and Lauren Hughes (12)
The ' Spirit of the Time Trial ' prize - provided by an anonymous donor to "encourage each end of the age range to try this type of event or to continue to take part as a pair":	Mick Ward – for a spirited performance in icy conditions for a 76 year old – and small compensation for Barbara's anxiety.

Not claimed your prize yet? Call me on 01743 289946.

RACE NOTES: Andy Davies' intimate knowledge of the area as a resident of Church Stretton might just have made the 13 second difference that separated him from Paul Jones in second place. Rob Baker wasn't too far behind in third place having "experimented" with an unusual route decision (lapse of concentration) – via the Stiperstones car park.

Val Swingler continued her fine season and made sure that Anna Bartlett had to remain focused in order to secure her third solo win.

Times were naturally slower in the tricky conditions but it was surprising to note that many of the leading runners dropped only a few minutes. Needless to say I was relieved that nobody arrived injured (and neither did we leave anybody out there).

Amongst the pairs competition the time achieved by Amanda Wright-Smith and Nick Thomas is worthy of mention as it was only 1 min 41 sec outside the fastest recorded for a mixed pair – so I hope they have another crack at it when conditions under-foot are favourable. The female pairing of Emma Clarke and Mel Price proved to be an ideal combination winning in a time that marks Emma's progress toward solo success when she is old enough.

Last year's Time Trial Champion and this year's British Fell Running Champion, Tim Davies, took a well earned rest this year and (presumably) looked after the children whilst Sharon resumed her partnership with Dianne Spencer. Congratulations to Tim on his success in 2010. It only goes to show what can be achieved from success in the Little Stretton to Stiperstones Time Trial!

THE NUMBERS: 118 participants; 56 solo (10 female) competitors; 31 pairs.

LOCAL CLUB PARTICIPATION LEAGUE:

Mercia FR	38 runners	Wrekin Orienteers	5
Shropshire Shufflers	18	LDWA	4
Shrewsbury AC	7	Telford Harriers	4
Oswestry Olympians	7	Other clubs	≤2 each

You will probably notice that Newport & District RC were absent in their dozens because every single one of them was "in recovery" after their annual dinner and dance. However, you will also see that they forced one lone representative to come along – well done Rodney Jones.

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THANKS: A really big thank you to all our helpers for their sterling efforts in such cold conditions. In particular to Alison and Stuart Cathcart who did a long stint in the coldest spot at the Finish. If you would also like some of the highly effective cold-weather gear they were wearing then call in at **HighSports** at the bottom of Wyle Cop, Shrewsbury.

Also thanks to Clare and Rob Baker and Jill Leventon at the Finish; Andy Clough, Bob Couth and Colin Williamson at the Start; Martin Leventon for data entry and results production; Rick Robson for access to the camper van at the finish.

Without the hospitality of **THE STIPERSTONES INN** (www.stiperstonesinn.co.uk) and Mick Boulton's (**BOULTON'S COACHES**) valuable 'Finish to Start' bus service, the event would not be the same – thanks to both.

SUMMARY ACCOUNTS:

Income from entries £349

Prizes £155; Consumables (photocopies; web site fees; wrist bands; stationery) £59; Village Hall £15

Donation to 'Youngsters in the Mountains' £70

Donation to Little Stretton Village Hall £50

'**YOUNGSTERS IN THE MOUNTAINS**' is a HIGH SPORTS initiative that helps young people expand their horizons and experience in the hills through the award of small grants. This could include assistance for young fell runners, orienteers and adventurers in the hills – call in at the shop (Wyle Cop, Shrewsbury) for more details go to www.highsports.co.uk

NEXT YEAR: All being well the **24th (and penultimate) Time Trial** will take place on **Sunday 27th November 2011** – check nearer the time.

Charlie Leventon
6, Huxley Close, Shrewsbury, SY2 6JQ (T: 01743 289946 / E: charles.leventon@btinternet.com)
www.timetrial.org.uk

For more local hill race information go to Dawsy's Shropshire Fell Running site - <http://dawsy.byethost5.com/> and the Mercia FR site at <http://www.merciafellrunners.org.uk/>

Don't forget the Devil's Chair Dash or Dawdle on Boxing Day (26/12/2010)
http://www.sproson.com/dawdle_or_dash.htm