

# LITTLE STRETTON TO STIPERSTONES TIME TRIAL ON FOOT - RESULTS

## 27<sup>TH</sup> NOVEMBER 2011

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### Andrew Davies and Anna Bartlett: Familiar Winners

#### Lavender & Jones Combine for the Mixed Pair Record

#### Women Set New 'Age Category' Records

	<b>Name(s)</b>	<b>Cat.</b>	<b>Club</b>	<b>Start</b>	<b>Finish</b>	<b>Time</b>
1	Andrew Davies	M	Mercia	10:24:53	11:29:22	01:04:29
2	Jon Hedger	M	Torq	11:05:03	12:13:14	01:08:11
3	Andrew Yapp	M40	Mercia	10:31:45	11:39:58	01:08:13
4	Andy Davies	M40	Mercia	11:11:10	12:20:28	01:09:18
5	Simon White	M	Torq	11:07:22	12:17:32	01:10:10
6	Alison Lavender & Paul Jones	Xpair	Oswestry Olymp & Mercia	10:20:30	11:31:20	01:10:50
7	Anna Bartlett	W40	Shrewsbury AC	10:09:05	11:20:56	01:11:51
8	Richard Bacon	M	Unattached	11:03:36	12:17:06	01:13:30
9	Dave Woodvine	M40	Shropshire Shufflers	09:55:07	11:10:19	01:15:12
10	Val Swinger	W40	Shropshire Shufflers	10:03:11	11:18:44	01:15:33
11	Nick Thomas	M40	Telford Harriers	10:11:51	11:28:07	01:16:16
12	Tim Devaney & Keith Silvester	Mpair	Shropshire Shufflers	10:02:12	11:19:09	01:16:57
13	Steve Cale & Alvaro Mendicute	Mpair	Mercia	10:19:32	11:37:19	01:17:47
14	Julia Leventon	W	Trafford AC	11:03:16	12:21:06	01:17:50
15	Matthew Clewes & Simon Daws	Mpair	Mercia & Telford AC	09:33:45	10:51:49	01:18:04
16	Nick Eyke	M50	Oswestry Olympians	10:06:12	11:24:55	01:18:43
17	David Egglestone	M40	Shropshire Shufflers	10:03:42	11:22:40	01:18:58
18	Clive Richardson	M40	Wrekin Orienteers	10:31:25	11:50:30	01:19:05
19	Colin Lancaster & Ben Ashcroft	Mpair	Telford AC & Shrewsbury AC	10:30:24	11:50:12	01:19:48
20	Polly Gibb & Paul Cadman	Xpair	Mercia	10:11:14	11:31:10	01:19:56
21	Mick Ligema	M50	Croft Ambrey RC	10:07:01	11:27:15	01:20:14
22	Adrian Donnelly	M50	Mercia	09:40:39	11:03:08	01:22:29
23	Steve Bajic	M50	Telford Harriers	09:47:18	11:09:54	01:22:36
24	Grahame Hughes	M50	Mercia	11:27:27	12:50:17	01:22:50
=25	Lawrie Jones	M50	Wrekin Orienteers	11:07:07	12:30:25	01:23:18
=25	Brian Hickson & Simon Phillips	Mpair	Whitchurch Whippets	10:41:31	12:04:49	01:23:18
27	Richard & Thomas Garbett	Mpair	Oswestry Olympians	09:57:47	11:21:15	01:23:28
28	Jacqui Loxam & Bernie Jones	Xpair	Mercia	10:22:56	11:47:04	01:24:08
29	Andy Clough	M50	Wrekin Orienteers	10:49:43	12:14:13	01:24:30
30	Wayne Guest	M40	Shropshire Shufflers	10:40:38	12:05:50	01:25:12
31	Russell Mapp	M50	Mercia	10:01:07	11:26:23	01:25:16
32	Rob Sharam & Dean Richards	Mpair	Whitchurch Whippets	10:41:50	12:07:53	01:26:03
33	Alexander Rankin	M50	Shropshire Shufflers	10:39:04	12:06:08	01:27:04
34	Paul Hill	M40	Telford Harriers	09:45:09	11:12:14	01:27:05
35	Lucy Aphramor & Tom Roo	Xpair	Mercia	09:46:18	11:13:38	01:27:20
36	Dominic & Ross Kirby	Mpair	Shrewsbury AC	09:39:32	11:06:59	01:27:27
37	Bruce Blackman	M40	Unattached	11:12:36	12:40:14	01:27:38
38	Chris Harvey	M	Unattached	10:43:58	12:11:53	01:27:55
39	Emily Millington	W	Mercia	11:06:54	12:34:51	01:27:57
40	Graham Parton & Stephen Oliver	Mpair	Shrewsbury AC	09:39:03	11:07:13	01:28:10
41	Andrew Hellowell	M	Wrekin College Tri Club	09:43:55	11:12:13	01:28:18
42	Jim Tinnion	M40	Mercia	11:06:44	12:35:12	01:28:28
43	Ian Vann & David Brown	Mpair	Newport & District	09:59:23	11:27:53	01:28:30
44	Mark & Jack Agnew	Mpair	Mercia	10:39:30	12:08:30	01:29:00

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45	Nigel Glaze	M40	Mercia	10:29:57	11:59:07	01:29:10
46	Craig Henn	M	Unattached	10:54:55	12:24:10	01:29:15
47	Alastair Drummond	M40	Unattached	10:25:41	11:55:22	01:29:41
48	James Hanmer	M	Unattached	10:08:52	11:38:38	01:29:46
49	Darren Mitchelmore	M	Pontesbury Tri	09:43:21	11:13:33	01:30:12
50	Steve Atherton	M50	Mercia	11:20:16	12:51:00	01:30:44
51	Ben Henson	M	Unattached	09:48:04	11:18:51	01:30:47
52	Rick & Sam Robson	Mpair	Mercia	09:53:50	11:24:57	01:31:07
=53	Mike McCorkell	M40	Tattenhall Runners	11:12:30	12:43:40	01:31:10
=53	Mel Price	W	Mercia	10:00:06	11:31:16	01:31:10
55	Phil & Emma Clarke	Xpair	Mercia	10:43:27	12:14:38	01:31:11
56	Noel Hogan & John Taylor	Mpair	Newport	10:00:28	11:31:49	01:31:21
57	Chris Bowen & David Cowdroy	Mpair	Unattached	10:28:47	12:00:31	01:31:44
58	Dominic Jones	M	Shropshire Shufflers	10:47:47	12:19:41	01:31:54
59	Patricia Paige	W50	Unattached	10:47:29	12:19:49	01:32:20
60	Louise Dermont & Mark Bayliss	Xpair	Shropshire Shufflers	09:54:39	11:27:30	01:32:51
61	Mike Streetly	M40	Cuthbert	10:49:20	12:22:35	01:33:15
62	Andy Rose	M	Unattached	10:39:52	12:13:11	01:33:19
63	Michael Rickus	M50	Telford Harriers	10:32:19	12:06:03	01:33:44
64	John Littley	M50	Telford Harriers	09:42:48	11:16:44	01:33:56
65	Marc Derbyshire	M	SY Tri	09:21:38	10:55:35	01:33:57
66	Richard Paddock	M50	Shropshire Shufflers	09:47:04	11:21:07	01:34:03
67	Bill Cork	M40	Oswestry Olympians	09:21:31	10:55:38	01:34:07
68	Joe Donnelly	M	Mercia	10:01:27	11:35:44	01:34:17
69	Jane Rowlands	W40	Mercia	09:33:19	11:07:43	01:34:24
70	Sarah Greaves	W50	Oswestry Olympians	09:20:41	10:55:31	01:34:50
71	Derek Owen	M50	Shrewsbury AC	10:20:20	11:55:15	01:34:55
72	Ellen Ashton	W40	Oswestry Olympians	09:20:33	10:55:29	01:34:56
73	Traharn Chidley & Emma Wareham	Wpair	!!!!	10:04:14	11:39:16	01:35:02
74	Jenny York & Ron Ball	Xpair	Shropshire Shufflers	10:05:04	11:40:26	01:35:22
75	David Tozer & Duncan Bowdler	Mpair	Bayston Hill Salad Dodgers	10:03:23	11:39:00	01:35:37
76	Helena Bramwell & Kate Whitfield	Wpair	Shropshire Shufflers	10:29:35	12:05:15	01:35:40
77	Terry Davies & Sandy McKenzie	Mpair	Mercia/Newport	09:58:44	11:34:26	01:35:42
78	Phil Blatch	M60	Mercia	10:59:36	12:35:42	01:36:06
79	Libby Collinson & Sharron Richardson	Wpair	Shropshire Shufflers	10:29:16	12:05:39	01:36:23
80	Colin Downey	M50	Mercia	10:09:44	11:46:58	01:37:14
81	Alison Hartshorne	W	Unattached	10:30:09	12:07:24	01:37:15
82	Roy Lindsell	M60	Wrekin Orienteers	09:41:47	11:19:26	01:37:39
83	Alan Morris	M60	Shropshire Shufflers	09:22:30	11:00:10	01:37:40
84	Nicola Richards & Neal Bailey	Xpair	Mercia	11:13:14	12:52:15	01:39:01
85	Tony Thompson	M60	Mercia	10:51:42	12:30:53	01:39:11
86	Dave Nichols	M60	Mercia	11:04:02	12:43:17	01:39:15
87	Tony French	M40	Mercia	09:55:25	11:34:47	01:39:22
88	Chris Atherton	M	Mercia	11:20:44	13:00:18	01:39:34
89	Dave Farrow	M40	Mercia	10:18:06	11:57:43	01:39:37
90	John Yandell	M60	Mercia	10:06:00	11:46:11	01:40:11
91	Clare Baker	W	Hallamshire Harriers	11:35:51	13:16:16	01:40:25
92	Steve Glaze	M40	Mercia	09:29:37	11:11:20	01:41:43
93	Steve Turk & Gill Evans	Xpair	Shrewsbury AC/Shepshed RC	11:16:34	12:58:26	01:41:52
94	Adrian Lowe	M50	Unattached	09:26:30	11:09:07	01:42:37
95	Andy Barton & Mark Donnelly	Mpair	Shropshire Shufflers	09:27:20	11:10:09	01:42:49
96	Robert Tedcastle & Kate Ball	Xpair	Shrewsbury AC	10:00:42	11:43:52	01:43:10

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97	Kim Braznell	W50	Mercia	09:20:21	11:04:15	01:43:54
98	Stuart Morris	M40	Shropshire Shufflers	10:06:30	11:50:58	01:44:28
99	Paul Rose	M50	Unattached	10:27:09	12:12:29	01:45:20
100	Tomas Mildorf	M	Running Klap	11:00:45	12:46:55	01:46:10
101	Phil Hayes	M40	Padmore Plodders	09:58:55	11:46:13	01:47:18
102	Pete Jones	M60	Wrekin Orienteers	09:37:07	11:24:58	01:47:51
103	Dan Jones & Adnan Sharaf	Mpair	Unattached	10:27:29	12:16:23	01:48:54
104	Gyula Vainel	M	Wrekin MC	09:54:20	11:43:42	01:49:22
105	Roger Lloyd	M50	Mercia	10:10:31	12:01:33	01:51:02
106	Gordon Trevor	M60	Shrewsbury AC	10:16:03	12:08:02	01:51:59
107	Tim Evans & Kerry Allison	Xpair	LDWA	09:40:19	11:32:49	01:52:30
108	Mike Callow	M60	Wrekin Orienteers	10:23:53	12:16:30	01:52:37
109	Graham & Dianne Spencer	Xpair	Mercia	09:50:27	11:43:49	01:53:22
110	Chris Myles	M40	Shropshire Shufflers	09:41:05	11:34:37	01:53:32
111	Mick Ward	M60	Oswestry Olympians	09:33:02	11:27:04	01:54:02
112	Paul & Anne Jennings	Xpair	Unattached	09:28:48	11:23:41	01:54:53
113	Margaret Priestly & Julie Cooper	Wpair	Unattached	09:54:06	11:49:11	01:55:05
114	Alison Lewis & Pete Cooke	Xpair	Mercia	10:05:28	12:00:44	01:55:16
115	Chris Wood	M50	Shropshire Shufflers	10:32:02	12:27:47	01:55:45
116	Graham Hardy	M60	Wrekin Orienteers	09:45:49	11:41:35	01:55:46
117	Sue Whittingham & Caroline Bason	Wpair	Shropshire Shufflers	09:27:41	11:24:47	01:57:06
118	John Whittingham	M40	Unattached	09:18:04	11:16:33	01:58:29
119	Stephanie Mackey	W50	Unattached	10:11:36	12:10:13	01:58:37
120	Tim & Helen Edwards	Xpair	Newport	10:41:16	12:40:51	01:59:35
121	Dave Spurling & Ruth Hatton	Xpair	Shropshire Shufflers	09:27:54	11:28:10	02:00:16
122	Jane Mapp	W50	Mercia	09:33:37	11:34:54	02:01:17
123	Alan Jenkins & Mike Sprason	Mpair	Unattached	09:39:18	11:40:41	02:01:23
124	Susan Gregory & Gaynor Weiner	Wpair	Unattached	09:39:55	11:41:21	02:01:26
125	Andy Collins/Carole Hart & Lucy Hart	Xpair	Two Wheels Cycles	09:28:26	11:31:40	02:03:14
126	Jacqui Lloyd & Reanne Atherton	Wpair	Maldwyn Harriers	11:04:28	13:07:59	02:03:31
127	Chris Purcell	M	Unattached	10:24:26	12:27:58	02:03:32
128	Chris Price	M50	Unattached	09:47:38	11:53:46	02:06:08
129	Nick Kingston	M60	Mercia	09:18:54	11:25:11	02:06:17
130	Clare Bronner	W	Unattached	09:34:28	11:45:13	02:10:45
131	John Hall	M60	Unattached	09:30:39	11:43:18	02:12:39
132	Jamie & Isabel Drummond	Xpair	Shrewsbury AC	10:28:31	12:43:09	02:14:38
133	Chris Roberts	M50	High Sports	09:17:06	11:31:59	02:14:53
134	C E Bowen	M60	Unattached	10:08:19	12:23:25	02:15:06
135	Keith & Pamela Matthews	Xpair	Unattached	10:42:52	12:58:13	02:15:21
136	Anthony Marston	M40	Unattached	10:06:50	12:22:37	02:15:47
137	Don Hale & Jeff Kinlen	Mpair	Mercia	09:21:58	11:39:40	02:17:42
138	Pauline Richards	W60	Mercia	09:26:45	11:51:32	02:24:47
139	Angie Walshaw	W40	Unattached	09:23:04	11:55:07	02:32:03
140	John & Geoff Sproson	Mpair	Mercia/LDWA	09:37:44	12:15:06	02:37:22
141	John Clarke	M40	Unattached	10:01:51	12:41:15	02:39:24
	Duncan Bayliss - on a bike	M40	Wrekin Orienteers	11:21:10	13:03:59	01:42:49
DNF	David Meyer	M	Shropshire Shufflers	10:25:28		

**WEATHER:** Fine, sunny (9°C) and clear but with a wind that might have inhibited the achievement of some personal best times.

**GROUND:** Good to soft.

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### RACE NOTES:

A record (and unexpected) turnout meant we ran out of entry forms but it did ensure we had a highly competitive event. Andrew Davies and Anna Bartlett used their experience to romp home as popular winners in the open solo categories: Andrew taking the title he has now won five times (the last being in 2000) and Anna accumulating her fourth win by showing her Shrewsbury AC club mates a clean pair of heels. In fact Anna not only secured a top ten position but also established a new fastest time for o40 women.

Competition was clearly healthy in a number of instances and categories. These are a few examples:

- Jon Hedger just managed to hold onto second place from the more senior Andy Yapp by just 2 seconds;
- the first fifteen featured three solo women – separated by just 6 minutes;
- the first six o60 men were spread over just 12 places and 4 minutes.

**NEW FASTEST TIMES:** Whilst the open record remains intact a number of fastest times were set – strengthening in particular the performances recorded in the senior women’s categories:

Mixed Pair	Alison Lavender & Paul Jones	70:50	Not only first Mixed Pair but first of any pair
o40 Women	Anna Bartlett	71:51	Maturing nicely - her fastest ever!
o50 Women	Patricia Paige	92:20	Fine run from a dark horse showing a lot of promise
o60 Women	Pauline Richards	144:47	Snatched back from her rival

**A NOTE ON AGE PERFORMANCES:** It was good to see strong representation at both ends of the age scale. The highly creditable performances of the ‘juniors’ hopefully means that we are continuing to build for the future of hill running in Shropshire.

Competition between the teenage lads was particularly keen with less than 12 minutes covering the five of them and Emma Clarke chasing them hard. **NOTABLE EFFORTS BY YOUNGSTERS** in finishing order:

Alvaro Mendicute (15); Ben Ashcroft (15); Thomas Garbett (14); Ross Kirby (14); Jack Agnew (16); Emma Clarke (14); Lucy Hart (9); Isabelle Drummond (10)

An unprecedented fourteen men competed solo in the over 60 category - including several over 70. Whilst the suggestion is sometimes made that an over 70 category should be created I thought it might be interesting to see if there is a way of ranking all those over 60 taking into account those aged over 70.

By applying the following unscientifically derived formula an **o60 AGE-ADJUSTED RANKING** has been generated.

|The difference in the competitor’s time and that of the o50 winner’s|  
divided by /

|the difference in the competitor’s age in years and a 59 year old| =

Age-adjusted Rank		Finish position
1.	Mick Ward (70+)	111 <sup>th</sup>
2.	Alan Morris (70+)	83 <sup>rd</sup>
3.	Roy Lindsell	82 <sup>nd</sup>
4.	Mike Callow (70+)	108 <sup>th</sup>
5.	Tony Thompson	85 <sup>th</sup>
6.	John Yandell	90 <sup>th</sup>
7.	Pete Jones	102 <sup>nd</sup>

Age-adjusted Rank		Finish position
8.	Graham Hardy	116 <sup>th</sup>
9.	Chris Bowen	134 <sup>th</sup>
10.	Gordon Trevor	106 <sup>th</sup>
11.	Nick Kingston	129 <sup>th</sup>
12.	Phil Blatch	78 <sup>th</sup>
13.	John Hall	131 <sup>st</sup>
14.	Dave Nicholls	86 <sup>th</sup>

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### PRIZE LIST:

First three overall solo:	Andrew Davies, Jon Hedger, Andrew Yapp (o40)
First three women solo:	Anna Bartlett (o40), Val Swingler (o40), Julia Leventon
Second over 40 man (fourth overall):	Andy Davies
First over 50 man:	Nick Eyke
First over 60 man:	Phil Blatch
§ Second over 60 man:	Roy Lindsell
First 'more senior' woman:	Patricia Paige
First 'Grande Dame':	Pauline Richards
First mixed pair:	Alison Lavender & Paul Jones
First male pair:	Tim Devanney & Keith Silvester
First female pair:	Traharn Chidley & Emma Wareham
Nearest to the average time (1:38:45):	Nicola Richards & Neal Bailey
First youngster:	Alvaro Mendicute
10 years and under finishing inside 150 minutes:	Lucy Hart; Isabel Drummond
The ' <b>Spirit of the Time Trial</b> ' prize - provided by an anonymous donor to " <i>encourage each end of the age range to try this type of event or to continue to take part as a pair</i> ":	Pam & Keith Matthews for their age-defying 'comeback'.

Not claimed your prize yet? Call me on 01743 289946.

§ Apologies to Phil Blatch and Roy Lindsell. Roy was awarded the o60 prize on the day when Phil Batch's category win was overlooked (probably because he doesn't look his age). Anyway, Roy has had his cake and eaten it so another has been procured for Phil and the record has been corrected – and well done to both!



The majority of the prizes are luxury fruit cakes purchased from award winning local producer **MY COTTAGE KITCHEN** - [www.mycottagekitchen.co.uk/](http://www.mycottagekitchen.co.uk/) - with thanks to Ursula Evans for her assistance.

Since being selected as Time Trial prizes, My Cottage Kitchen fruit cakes have come top in the Guardian's Christmas Cake Taste Test - go to <http://bit.ly/tAhA7z>

**THE NUMBERS:** 190 participants (51 Female); 96 solo (16 female) competitors; 47 pairs (8 youngsters).

### CLUB PARTICIPATION LEAGUE:

Mercia FR	49 participants
Shropshire Shufflers	28
Shrewsbury AC	12
Oswestry Olympians	8
Newport & District RC	7

Wrekin Orienteers	6
Telford Harriers	5
Whitchurch Whippets	4
LDWA	3
Other clubs	≤2 each

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**THANKS:** A huge thank you to all the helpers: Alison Cathcart and Jill Leventon at the Finish; Andy Clough, Stuart Cathcart and Bob Couth at the Start; Clare Baker for data entry; Rick Robson for access to the camper van at the finish.

The hospitality of **THE STIPERSTONES INN** ([www.stiperstonesinn.co.uk](http://www.stiperstonesinn.co.uk)) and Mick Boulton's (**BOULTON'S COACHES**) 'Finish to Start' bus service are much appreciated – many thanks to both.

### SUMMARY ACCOUNTS:

*Income:* £724

*Expenditure:*

Prizes £258; Electronic kit hire £128; Consumables & incidental costs (photocopies; web site fees; wrist bands; stationery) £61; Village Hall hire £15

*Surplus:*

Donation to 'Youngsters in the Mountains' £90

Donation to Little Stretton Village Hall £80

Retained/carried over for special 25<sup>th</sup> (2012) anniversary prizes £92

In addition: Wrekin Orienteers E kit hire fee (£75) kindly donated to 'Youngsters in the Mountains'



**'YOUNGSTERS IN THE MOUNTAINS'** is a HIGH SPORTS initiative that helps young people expand their horizons and experience in the hills through the award of small grants. This could include assistance for young fell runners, orienteers and adventurers in the hills – call in at the shop (Wyle Cop, Shrewsbury) for more details or go to [www.highsports.co.uk](http://www.highsports.co.uk)

### NEXT YEAR PROMISES TO BE SPECIAL

All being well the **25<sup>th</sup> Time Trial** will take place on **Sunday 25<sup>th</sup> November 2012**

check nearer the time

A handwritten signature in black ink, appearing to read 'C Leventon' with a stylized flourish at the end.

Charlie Leventon

6, Huxley Close, Shrewsbury, SY2 6JQ (T: 01743 289946 / E: [charles.leventon@btinternet.com](mailto:charles.leventon@btinternet.com))

[www.timetrial.org.uk](http://www.timetrial.org.uk)

For more local hill race information go to Dawsy's Shropshire Fell Running site - <http://dawsy.byethost5.com/> and the Mercia FR site at <http://www.merciafellrunners.org.uk/>

Don't forget the Devil's Chair Dash or Dawdle on Boxing Day (26/12/2011)

[http://www.sproson.com/dawdle\\_or\\_dash.htm](http://www.sproson.com/dawdle_or_dash.htm)