

English Channel Relay Team



Lewis Young and Abbey Taylor-Bapty made their successful English Channel Relay attempt on Saturday 27th September in a time of 13 hours 37 minutes.

The swim started at approximately 09:00. The sun was shining and the sea conditions were very good.

Lewis and Abbey were both invited to join four other open water swimmers to make a relay team attempt on the channel. Tanya Harding who is an experienced channel swimming coach was the organiser of the team and provided this opportunity at the end part of the open water season.

Lewis, who would have swam with the DLGC 2008 team if he had not broken his wrist the day before was very happy to be invited onto this team and was fortunate enough to finish the swim on the rocks in the dark after a very enjoyable day swimming and encouraging his team mates.

Abbey has made a big impression this year as an open water swimmer. She made her first appearance at the clubs open water championships this year entering the 400, 800 and 1000 freestyle. Later in the season I found her training in the harbour alongside Tom Russell who I was training for Lake Windermere and with a little nudge she entered the Sapphire Hoe to Shakespeare beach 3.8K race and did very well coming third overall lady. Abbey also had a very enjoyable day out in the channel and was also not fazed by swimming in the dark.

Well done to both of them.