

Open Water Calendar 2009

Home

200 & 400 Freestyle	21st June	Registration 10:00	High Tide 10:21
800 & 1000 Freestyle	27th June	Registration 14:00	High Tide 15:22
3 x 400 IM & 1000 backstroke	5th July	Registration 11:00	High Tide 10:50
2000 & 4000 Freestyle	19th July	Registration 10:00	High Tide 09:13

Away

<u>ASA SER OPEN WATER CHAMPIONSHIP SERIES 2009</u>	
Brighton Pier to Pier 1K	12th July
Sussex (Open) 5K	25th July
Eastbourne 2K	26th July
Dover Regatta 2K	9th Aug
SER Championship 3K	5th Sept
Southsea Pier to Pier 2K	6th Sept

<u>SOME ASA & BLDSA RACES FOR 2009</u>	
BLDSA - Dover 5, 3 & 1 Mile	20th June
(SWR)-Weymouth 10K	4th July
(SWR)-Weymouth 5K, 3K, & 1K	5th July
BLDSA – Bala 6 Mile Lake	11th July
(E&WMR)-Bosworth 5K, 3K, & 1K	12th July
(ER)-Norwich 5K, 3K, 1K & 0.8K	19th July
BLDSA – Coniston 5.25 Miles Lake	19th July
Rotherham National Age Groups	27th July
(LON)-Serpentine GB 5K & 10K	15th Aug
BLDSA – Windermere 10.5 Miles Lake	5th Sept
BLDSA – Coniston Junior 5.25 Mile Lake	6th Sept

Dates Subject to Change