

Dover Life Guard Club Championships 2011

Dates/Times as per program

COMPETITION RULES AND MEET INFORMATION 2011



General Information

- a) The meet will be held under ASA Laws and Technical Rules.
- b) The competition is open to all DLGC members who have been paid members for more than 2 weeks prior to the event in which they wish to swim.
- c) Entries should be given to Lynne Latham or Kate Curtis. The cost is 50p per event. Cheques should be made payable to DLGC.
- d) All events will be on a HDW [heat declared winner] basis, ie there will be no finals. Awards will be made to the fastest 3 boys and girls in the following age groups: Under 9's, 9yrs, 10-12yrs, 13-16yrs, 17-24 yrs, 25+.
- e) The pool is 25 metres long with 6 lanes, anti-wave lane ropes. Electronic timing will be used if available.
- f) "Over the top" starts will be used at the discretion of the promoter.
- g) The galas will run on a "cardless" system. Swimmers must sign in for each event they wish to swim. Signing in sheets will be available 20 minutes before warm up and removed 20 minutes prior to the start of each gala.
- h) Swimmers who sign in late may be able to swim if a lane is available. They will not be seeded. "Time only" swims may be allowed if space and time permits, but they will not be eligible for club points or awards.
- i) Ages are as of 31st December 2011.
- j) It is the decision of the promoter to allow Video and Zoom photography. This will be strictly regulated in accordance with the ASA code of practice. All competitors who enter this competition consent to such photography taking place.
- k) No swimmers are allowed on the balcony without appropriate footwear and clothing.
- l) All competitors entering this competition consent to their details being recorded in a computer database. This will be used solely for the purpose of running the event by the organisers. This information will not be disclosed or sold to any outside body or third party. Competitors consent to their details appearing in the official results which will also appear on the DLGC website