



**MAJOR SUCCESS FOR  
BEN EVANS  
AT THE ASA NATIONAL AGE GROUP CHAMPIONSHIPS**

22-26 July 2009  
Ponds Forge – Sheffield



**100m Back - 1.12.64 - 7<sup>th</sup>**

**200m Butterfly - 2.36.76 - 8<sup>th</sup>**

**100m Freestyle - 1.07.23 - 20<sup>th</sup>**

**200m Individual Medley - 2.39.43 - 7<sup>th</sup>**

**200m Backstroke - 2.37.53 - 9<sup>th</sup>**

**200m Freestyle - 2.24.92 - 21<sup>st</sup>**

**100m Butterfly - 1.12.99 - 7<sup>th</sup>**

**400m Individual Medley - 5.38.92 - 10<sup>th</sup>**

**11yr old NATIONAL BAGCAT AWARD – 10<sup>th</sup>**