

Whitecliffs Meet 2009 - Upper Limit Times



Swimmers may not enter if they achieved a time since January 1st 2009, in competition, faster than those indicated in the tables below..

BOYS	50m				100m
	Fly	Back	Breaststroke	Freestyle	IM
9/10 years	40.55	42.92	48.10	36.10	01:29.91
11/12 yrs	38.00	37.75	43.50	32.28	01:17.00
13/14 yrs	34.00	35.00	39.00	28.07	01:14.00
15years +	29.00	33.50	37.50	27.20	01:10.00

GIRLS	50m				100m
	Fly	Back	Breaststroke	Freestyle	IM
9/10 years	44.44	41.72	48.09	37.22	01:36.14
11/12 yrs	36.00	37.00	42.75	33.33	01:17.00
13/14 yrs	35.00	37.00	42.00	30.82	01:16.00
15years +	33.00	34.50	39.00	31.59	01:15.00