

Dover Girls at Kent Secondary Schools gala

A small group of girls from the Dover girls Grammar School went to the Black Lion Pool in Gillingham on Saturday for the Kent Secondary Schools Gala. All of the girls are members of Dover Lifeguard club and were looking forward to having the chance to show the skills learned from their hard work in early morning training.

The first of the girls into the water was Tasha Hyde (yr8) who swam well in the 100m fly to finish 4th in her heat with a time just outside of her best. Next up was Tessa Dunford (yr9) in the 200 IM, she swam a strong race and was placed 7th overall with a time of 2.48.65.

Amy Gibbs (yr8) was the next of the Dover Grammar girls to race and she swam a solid race in the 100m breast, which was not her favourite stroke but she showed a determined spirit to finish in a time of 1.31.45.

In the Junior girls 100m freestyle Ione Walker (yr9) held a blistering pace to reach the final with a time of 1.07.07 and pushed this time even faster in the final to finish 3rd overall and record a time of 1.05.86. Ione now has the opportunity to represent Kent against Surrey in the upcoming inter-county gala.

The youngest of the Dover Grammar girls, Megan Basford (yr7) was the last of the girls to swim in the afternoon session and she put on a display of fine backstroke technique to record a personal best of 1.16.22 over 100m. This was enough to reach the final and she finish 5th overall.

In the evening session Dover girls Grammar had only one representative in the individual races but Laura Basford (lower 6th), who is still struggling with a shoulder a knee injury, swam well, fighting pain throughout the 100m Backstroke to reach the final and finish 5th overall in a time of 1.18.43.

The junior girls relays saw some superb team performances from all of the Dover girls. The Medley relay team all swam strong legs with Megan Basford (bk), Tessa Dunford (br) and Tasha Hyde (fly) all swimming near personal bests and when Ione Walker swam a storming freestyle leg in 29.36 the team had done enough to reach the final. The girls all swam their hearts out in the final and finished 6th overall.

The freestyle relay team of Amy Gibbs, Tessa Dunford, Megan Basford and Ione Walker also put in a good performance and finished 7th overall.



St Edmunds swimmers at Kent Secondary school gala

There were 2 swimmers from St Edmunds school at the Kent Secondary Schools gala and both of them swam well.

In the afternoon session Katie Brown (yr 8) put in a fine performance, showing great determination and skill to record a personal best in the 100m backstroke, finishing in a time of 1.17.99 and narrowly missing a final spot.

Adam Delo (yr 10) swam in the evening session and performed well to reach the 100m breaststroke final and he finished 4th overall with a time of 1.26.42.

