

# EAST INVICTA RECORDS

## EAST INVICTA RECORDS: MEN AND BOYS

(Following 2007 Championships) - New Records highlighted in blue

| <b>Stroke</b> | <b>Dist</b> | <b>Senior</b>                     | <b>Junior</b>                     | <b>9/10 yrs</b>                   | <b>11/12 yrs</b>                 | <b>13/14 yrs</b>                 | <b>15/16 yrs</b>                 |
|---------------|-------------|-----------------------------------|-----------------------------------|-----------------------------------|----------------------------------|----------------------------------|----------------------------------|
| Freestyle     | 50m         | P Fakley (DL)<br>23.71 - 1989     | A Nannini (HY)<br>24.42 - 1989    | A Kronic (CB)<br>31.85 - 2002     | L Drew (CB)<br>28.28 - 2007      | G Hewett (CB)<br>26.07 - 2007    | L Smith (CB)<br>25.72 - 2007     |
| Freestyle     | 100m        | P Fakley (DL)<br>53.52 - 1989     | L Owens (CB)<br>55.16 - 2003      |                                   | M Stanley (CB)<br>1.00.15 - 2004 | K Botha (CB)<br>55.69 - 2005     | L Owens (CB)<br>55.26 - 2002     |
| Freestyle     | 200m        | C Simmons (DL)<br>1.56.02 - 2003  | L Owens (CB)<br>1.56.19 - 2003    | A Kronic (CB)<br>2.28.99 - 2002   | M Stanley (CB)<br>2.12.45 - 2004 | L Owens (TV)<br>2.03.34 - 2001   | L Owens (CB)<br>1.56.19 - 2003   |
| Freestyle     | 400m        | L Owens (CB)<br>4.10.14 - 2003    | L Owens (CB)<br>4.10.14 - 2003    | K Papa Adams TH<br>5.27.13 - 2007 | A Kronic (CB)<br>4.30.05 - 2004  | J Clarke (CB)<br>4.15.69 - 2002  | L Owens (CB)<br>4.10.14 - 2003   |
| Freestyle     | 800m        | M Stanley (CB)<br>9.05.74 - 2006  | M Stanley (CB)<br>9.05.74 - 2006  |                                   | L Smith (HB)<br>9.55.41 - 2003   | M Stanley (CB)<br>9.05.74 - 2006 | J Malcolm (CB)<br>9.05.88 - 2006 |
| Freestyle     | 1500m       | C Simmons (DL)<br>16.21.50 - 2003 | L Smith (CB)<br>16.47.55 - 2006   |                                   | A Kronic (CB)<br>18.11.49 - 2004 | L Smith (CB)<br>17.00.32 - 2005  | L Smith (CB)<br>16.47.55 - 2006  |
| Backstroke    | 50m         |                                   |                                   | A Kronic (CB)<br>37.10 - 2002     |                                  |                                  |                                  |
| Backstroke    | 100m        | J Cotton (DL)<br>59.82 - 2002     | C Terry (HB)<br>1.01.82 - 2004    |                                   | A Kronic (CB)<br>1.10.53 - 2004  | M Basford (DL)<br>1.02.79 - 2004 | R Coley (CB)<br>1.01.95 - 2003   |
| Backstroke    | 200m        | L Owens (CB)<br>2.10.17 - 2003    | L Owens (CB)<br>2.10.17 - 2003    | A Kronic (CB)<br>2.46.24 - 2002   | A Kronic (CB)<br>2.25.47 - 2004  | B Walsh (CB)<br>2.18.93 - 2007   | L Owens (CB)<br>2.10.17 - 2003   |
| Breaststroke  | 50m         |                                   |                                   | L Moore (CB)<br>42.41 - 2005      |                                  |                                  |                                  |
| Breaststroke  | 100m        | A Sui (CB)<br>1.06.02 - 2003      | J Maley (CB)<br>1.09.26 - 2004    |                                   | M Stanley (CB)<br>1.20.97 - 2004 | N Devine (HB)<br>1.09.95 - 2004  | N Devine (HB)<br>1.09.34 - 2005  |
| Breaststroke  | 200m        | N Devine (HB)<br>2.26.81 - 2005   | N Devine (HB)<br>2.26.81 - 2005   | K Papa Adams TH<br>3.14.74 - 2007 | M Stanley (CB)<br>2.53.02 - 2004 | N Devine (HB)<br>2.29.72 - 2004  | N Devine (HB)<br>2.26.81 - 2005  |
| Butterfly     | 50m         |                                   |                                   | L Dennis (MA)<br>36.90 - 1991     |                                  |                                  |                                  |
| Butterfly     | 100m        | R Coley (CB)<br>58.58 - 2004      | K Botha (CB)<br>1.00.12 - 2005    |                                   | G Hewett (CB)<br>1.08.23 - 2005  | K Botha (CB)<br>1.01.76 - 2005   | R Coley<br>Ash 1.00.60 -<br>2003 |
| Butterfly     | 200m        | L Owens (CB)<br>2.11.52 - 2003    | L Owens (CB)<br>2.11.52 - 2003    | K Papa Adams TH<br>3.11.10 - 2007 | A Kronic (CB)<br>2.34.64 - 2004  | K Botha (CB)<br>2.15.68 - 2005   | L Owens (CB)<br>2.11.52 - 2003   |
| Ind Medley    | 4x25m       |                                   |                                   | A Kronic (CB)<br>1.23.06 - 2002   |                                  |                                  |                                  |
| Ind Medley    | 4x50m       | J Maley (CB)<br>2.10.57 - 2005    | J Maley (CB)<br>2.12.69 - 2004    | D Pott (DL)<br>2.58.09 - 2005     | A Kronic (CB)<br>2.29.87 - 2004  | N Devine (HB)<br>2.19.66 - 2004  | J Maley (CB)<br>2.12.69 - 2004   |
| Ind Medley    | 4x100m      | G Steed (DL)<br>4.41.92 - 1998    | N Devine (HB)<br>4.51.95 - 2004   | K Papa Adams TH<br>5.59.19 - 2007 | G Hewett (CB)<br>5.21.76 - 2005  | N Devine (HB)<br>4.51.95 - 2004  | N Devine (HB)<br>4.53.02 - 2005  |
| Free Relay    | 4x25m       |                                   |                                   | Canterbury<br>1.03.28 - 2002      |                                  |                                  |                                  |
| Free Relay    | 4x50m       |                                   | Dover Lifeguard<br>1.43.64 - 2004 |                                   | Canterbury<br>1.59.52 - 2005     | Canterbury<br>1.49.24 2007       | Canterbury<br>1.46.28 2007       |
| Free Relay    | 4x100m      | Dover Lifeguard<br>3.42.98 - 2002 |                                   |                                   |                                  |                                  |                                  |
| Medley Relay  | 4x25m       |                                   |                                   | Canterbury<br>1.14.62 - 2002      |                                  |                                  |                                  |
| Medley Relay  | 4x50m       |                                   | Dover Lifeguard<br>1.54.22 - 2004 |                                   | Canterbury<br>2.18.19 - 2005     | Canterbury<br>2.04.04 2007       | Canterbury<br>1.57.59 - 2004     |
| Medley Relay  | 4x100m      | Canterbury<br>4.04.77 - 2003      |                                   |                                   |                                  |                                  |                                  |

# EAST INVICTA RECORDS: LADIES AND GIRLS

(Following 2007 Championships) - New Records highlighted in Blue

| <b>Stroke</b> | <b>Dist</b> | <b>Senior</b>                     | <b>Junior</b>                     | <b>9/10 yrs</b>                       | <b>11/12 yrs</b>                        | <b>13/14 yrs</b>                        | <b>15/16 yrs</b>                          |
|---------------|-------------|-----------------------------------|-----------------------------------|---------------------------------------|---|---|---|
| Freestyle     | 50m         | G Williams (HY)<br>27.44 - 1996   | K Sykes (HB)<br>28.25 - 2001      | H Ralfe (CB)<br>31.35 - 2004          | <b>C Thorpe (TV)<br/>30.67 - 2007</b>   | H Ralfe (CB)<br>28.50 - 2007            | L Palmer (TV)<br>28.87 - 2007             |
| Freestyle     | 100m        | C Niblett (DL)<br>59.16 - 1997    | C Niblett (DL)<br>59.86 - 1992    |                                       | H Savage (HB)<br>1.03.72 - 2006         | K Seal (DL)<br>1.01.42 - 1985           | G Ritchie (TV)<br>1.00.04 - 2000          |
| Freestyle     | 200m        | C Niblett (DL)<br>2.06.01 - 1996  | C Niblett (DL)<br>2.08.22 - 1993  | H Ralfe (CB)<br>2.26.66 - 2004        | H Ralfe (CB)<br>2.13.03 - 2006          | <b>K Henson (HB)<br/>2:13.17 - 2007</b> | G Ritchie (TV)<br>2.08.65 - 2000          |
| Freestyle     | 400m        | C Niblett (DL)<br>4.23.00 - 1996  | G Ritchie (TV)<br>4.27.31 - 2000  | H Ralfe (CB)<br>5.02.84 - 2004        | H Ralfe (CB)<br>4.39.74 - 2006          | <b>K Henson (HB)<br/>4.34.07 - 2007</b> | L Worlow (HB)<br>4.33.11 - 2005           |
| Freestyle     | 800m        | K Whitnall (DL)<br>9.23.06 -      | H Robinson (CB)<br>9.31.99 - 2005 | H Ralfe (CB)<br>10.44.97 - 2004       | L Gates (TH)<br>10.08.44 - 2004         | H Robinson (CB)<br>9.31.99 - 2005       | L Hardy (HB)<br>9.46.65 -                 |
| Freestyle     | 1500m       | L Austin (DL)<br>18.40.75 - 2006  | L Austin (DL)<br>18.40.75 - 2006  |                                       | D Szucsova (DL)<br>18.42.62 - 2006      |   | L Austin (DL)<br>18.40.75 - 2006          |
| Backstroke    | 50m         |                                   |                                   | H Ralfe (CB)<br>35.55 - 2004          |   |   |   |
| Backstroke    | 100m        | G Ritchie (TV)<br>1.06.49 - 2000  | G Ritchie (TV)<br>1.06.49 - 2000  |                                       | H Ralfe (CB)<br>1.09.79 - 2005          | <b>H Ralfe (CB)<br/>1.07.99 - 2007</b>  | <b>L Palmer (TV)<br/>1.07.92 - 2007</b>   |
| Backstroke    | 200m        | G Ritchie (TV)<br>2.18.06 - 2000  | G Ritchie (TV)<br>2.18.06 - 2000  | H Ralfe (CB)<br>2.41.42 - 2004        | H Ralfe (CB)<br>2.26.29 - 2005          | <b>H Ralfe (CB)<br/>2.24.61 - 2007</b>  | G Ritchie (TV)<br>2.18.06 - 2000          |
| Breaststroke  | 50m         |                                   |                                   | <b>L Savage (HB)<br/>42.03 - 2007</b> |   |   |   |
| Breaststroke  | 100m        | C Niblett (DL)<br>1.14.53 - 1994  | S Butler (TV)<br>1.15.27 - 1993   |                                       | <b>C Thorpe (TH)<br/>1.21.10 - 2007</b> | <b>L Gates (TH)<br/>1.17.79 - 2007</b>  | N West (DL)<br>1.17.84 - 1998             |
| Breaststroke  | 200m        | S Butler (TV)<br>2.40.12 - 1994   | S Butler (TV)<br>2.40.12 - 1994   | H Ralfe (CB)<br>3.19.64 - 2004        | L Gates (TH)<br>2.53.90 - 2005          | L Gates (TV)<br>2.48.72                 | F Beale (CB)<br>2.48.22 - 2005            |
| Butterfly     | 50m         |                                   |                                   | H Ralfe (CB)<br>34.99 - 2004          |   |   |   |
| Butterfly     | 100m        | C Niblett (DL)<br>1.06.83 - 1997  | C Niblett (DL)<br>1.07.36 - 1993  |                                       | H Ralfe (CB)<br>1.10.47 - 2005          | L Wraight (CB)<br>1.09.56 - 2004        | C Niblett (DL)<br>1.07.36 - 1993          |
| Butterfly     | 200m        | C Niblett (DL)<br>2.22.53 - 1995  | H Robinson (CB)<br>2.28.07 - 2005 | H Ralfe (CB)<br>2.55.31 - 2004        | H Robinson (HB)<br>2.38.55 - 2004       | H Robinson (CB)<br>2.28.07 - 2005       | <b>H Robinson (CB)<br/>2.23.33 - 2007</b> |
| Ind Medley    | 4x25m       |                                   |                                   | H Ralfe (CB)<br>1.18.32 - 2004        |   |   |   |
| Ind Medley    | 4x50m       | C Niblett (DL)<br>2.25.06 - 1995  | K Whitnall (DL)<br>2.28.48 - 2000 | H Ralfe (CB)<br>2.49.55 - 2004        | H Ralfe (CB)<br>2.34.29 - 2006          | <b>L Gates (TH)<br/>2.29.18 - 2007</b>  | C Niblett (DL)<br>2.25.62 - 1993          |
| Ind Medley    | 4x100m      | C Niblett (DL)<br>4.56.67 - 1994  | C Niblett (DL)<br>5.04.72 - 1993  | H Ralfe (CB)<br>5.51.42 - 2004        | H Ralfe (CB)<br>5.23.27 - 2006          | <b>C Davies (TH)<br/>5.16.84 - 2007</b> | L Whorlow (HB)<br>5.14.60 - 2005          |
| Free Relay    | 4x25m       |                                   |                                   | Herne Bay<br>1.05.10 - 2004           |   |   |   |
| Free Relay    | 4x50m       |                                   | Canterbury<br>1.54.50 - 2005      |                                       | Canterbury<br>2.02.04 - 2005            | <b>Thanet<br/>1.56.88 - 2007</b>        | Canterbury<br>1.56.35 - 2005              |
| Free Relay    | 4x100m      | Dover Lifeguard<br>4.09.43 - 2002 |                                   |                                       |   |   |   |
| Medley Relay  | 4x25m       |                                   |                                   | <b>Dover<br/>1.15.49 - 2007</b>       |   |   |   |
| Medley Relay  | 4x50m       |                                   | Canterbury<br>2.07.58 - 2005      |                                       | Canterbury<br>2.17.65 - 2005            | Canterbury<br>2.09.47 - 2005            | Canterbury<br>2.10.53 - 2005              |
| Medley Relay  | 4x100m      | Canterbury<br>4.38.76 - 2005      |                                   |                                       |   |   |   |