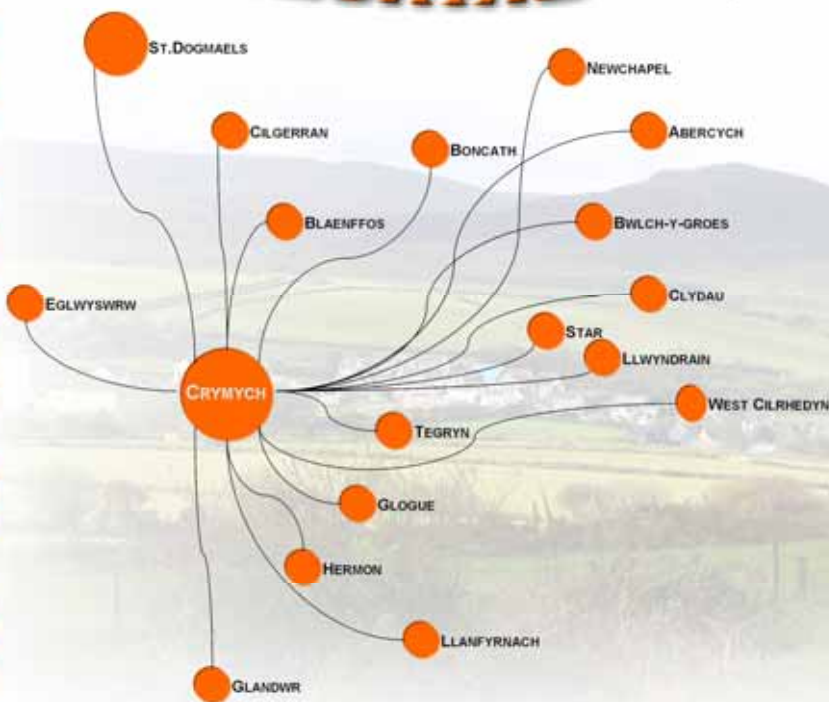


# NORTH PEMBROKESHIRE

AS THE HUB COMMUNITIES



## COMMUNITY ACTIVITIES PROGRAMME 2009/10

*This project is part funded through the Rural Development Plan for Wales 2007-2013 which is funded by the Welsh Assembly Government and the European Union*



Cronfa Amaslyddol Ewrop ar gyfer Datblygu Gwledig Ewrop yn Buddsoddi mewn Ardaloedd Gwledig  
The European Agricultural Fund for Rural Development: Europe Investing in Rural Areas



Llywodraeth Cynulliad Cymru  
Welsh Assembly Government

# WEEKLY ACTIVITIES

WHAT	WHEN	WHERE	CONTACT	TEL:	TIME
Adran yr Urdd (young people 7-11)	Wed	Ysgol y Frenni	Eirlys Twigg	01239 831469	15:45 - 16:30
Aelwyd yr Urdd (young people 14-25)	Thu	Preseli CLC	Siwan Tomos / Sian Williams	01239 831406	19:00 - 21:00
Aerobics (Step)	Mon	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	20:00 - 21:00
Aerobics	Tue	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	18:00 - 19:00
Aerobics	Mon	St Dogmaels Church Hall	Lisa Hurdle	01994 419253	19:00- 20:00
Aqua Fit	Mon, Wed, Sat	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	09:00 - 10:00
Aqua Fit	Mon	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	18:45 - 19:45
Aqua Fit	Thu	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	19:00 - 20:00
Art Drawing	Thu*	Coach House	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	10:30 - 12:00
Art Drawing & Sketching	Mon*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 20:30
Art for All	Tue*	Boncath Hall	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	10:00 - 13:00
Art for All Beginners	Thu*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 20:30
Art - Life Drawing	Wed*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	16:30 - 18:30
Art Classes—various (Life Drawing, Pastel)	Mon*	St Dogmaels Church Hall	Clare Rose	01239 612444	10:30- 15:00

\* Term time only. Please check the start date and length of each course with the learning provider / contact. It is necessary to book places on courses in advance. Classes may be subject to change.

# WEEKLY ACTIVITIES

WHAT	WHEN	WHERE	CONTACT	TEL:	TIME
Astronomy	Thu*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 20:30
Belly Dancing	Wed	St Dogmaels Church Hall	Sheena Hopwood	01239 615634	17:30- 18:45
Belly Dancing	Thu*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 20:30
Boxercise	Wed	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	20:00 - 21:00
Brickwork - Introduction	Thu*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Brickwork - Introduction (Continuation)	Tue*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Brownies (girls 7-10 years)	Fri	Crymych Leisure Centre	Clare Parry	01239 831972	17:15 - 19:00
Brownies (girls 7-10 years)	Fri	Eglwysrwr Community Centre	Linos Bowen plantbachywlad@ aol.com	01239 891217	18:00 - 19:30
Business Studies - Travel & Tourism	Mon*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Butchery	Tue*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	18:00 - 21:00
Cardi Cardiacs Swimmers	Wed	Crymych Leisure Centre	Hywel Evans	01239 810220	19:00- 20:00
Cardiac Rehabilitation Gym Group	Thu	Crymych Leisure Centre	Terry Main	07980 427070	10:30 - 12:00
Chinese Cookery	Tue*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Choir—Crymych & District	Tue	Preseli CLC	Delyth Thomas	01239 841702	19:30 - 21:00

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# WEEKLY ACTIVITIES

WHAT	WHEN	WHERE	CONTACT	TEL:	TIME
Choir—St Dogmaels	Thu	St Dogmaels Church Hall	Erin Macdonnell	01239 615299	19:00-21:00
Choir (Ladies) - (Bluestone A Cappella)	Tue	Hermon Community Centre	Carol Vincent	01239 711895	19:30 - 10:00
Computer / IT Classes	Please see separate table on page 14				
Core Stability (11+ years)	Thu	Crymych Leisure Centre	Darren.Bowen@pembrokeshire.gov.uk	01239 831820	16:00-17:00
Creative Writing	Wed*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	14:00-15:30
Crochet	Wed	Boncath Hall	Beryl George	01239 841376	14:00
Cylch Meithrin (Playgroup)	Mon, Tue, Wed, Fri*	Bwlch-y-groes Community Hall	Betty Stilwell	01239 698494	09:30 - 11:30
Cylch Meithrin (Playgroup)	Mon, Tue, Wed, Thu*	Cilgerran Village Hall	Sophie Davies	07769 598397	09:00 - 12:00
Cylch Meithrin (Playgroup)	Mon-Fri*	Canolfan Plant y Frenni	Wendy Phillips	01239 832069	09:00 - 11:30
Cylch Meithrin (playgroup)	Mon, Tue, Wed, Fri*	Eglwysrwrw Community Centre	Angela Harries	01239 820760	09:00 - 11:30
Cylch Meithrin (Playgroup)	Mon, Tue, Wed, Thu*	Hermon Community Centre	Kim Lewis	07909 545743	09:00 - 11:30
Cylch Meithrin (Playgroup)	Mon-Fri*	St Dogmaels	Jennifer Brown	01239 613596	12:00 - 15:15
Cylch Ti a Fi (Parent / Toddler)	Fri*	Cilgerran Village Hall	Sophie Davies	07769 598397	09:00 - 11:00
Cylch Ti a Fi (Parent / Toddler)	Mon & Thu*	Crymych Market Hall	Heather Francis	01239 831509	09:30-11:30
Cylch Ti a Fi (Parent / Toddler)	Thu*	Eglwysrwrw Community Centre	Charlotte Jones	01239 821018	09:30 - 11:00

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# WEEKLY ACTIVITIES

WHAT	WHEN	WHERE	CONTACT	TEL:	TIME
Cylch Ti a Fi (Parent / Toddler)	Wed*	Hermon Community Centre	Louise Peregrine	07971 859835	13:30 - 15:00
Day Centre & Luncheon Club	Tue	Crymych Market Hall	General information : Pam Lewis Betty Harries – 01239 831923 (before 10:30 Tue only)	01239 831457	09:20 - 15:00
Drama—Cilgerran Players	Tue & Thu	Cilgerran Village Hall	Jan Garner	01239 615909	19:00- 21:00 19:00- 22:00
Drama Group (Oct-Mar)	Wed & Sun	St Dogmaels Memorial Hall	Terwyn Tomos	01239 612928	19:30
Dressmaking & Design	Thu*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	09:15 - 11:15
Duke of Edinburgh Award (young people)	Wed	Preseli CLC	Caroline Wilson caroline@prta.co.uk	01239 698475	16:00- 18:00
English - GCSE - Higher Tier	Tue*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	16:45 - 18:45
Family Centre	Wed	St Dogmaels Memorial Hall	Isabel Arnold or Fiona Godkin	07810 694573 07810 695266	09:30 – 16:00
Fitball	Tue	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	19:15 - 20:15
Fitball	Fri	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	10:30 - 11:30
Fitness Club (Junior, 11+ years)	Mon, Tue, Wed, Fri	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	15:45- 17:00
Football Club—Boncath (under 9's)	Mon	Crymych Leisure Centre	Patric Robson	01239 881665	18:00 - 19:00

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# WEEKLY ACTIVITIES

WHAT	WHEN	WHERE	CONTACT	TEL:	TIME
Football Club—Boncath (under 11's)	Tue	Crymych Leisure Centre	Patric Robson	01239 881665	18:00 - 19:00
Football Club—Boncath (under 13's)	Tue	Crymych Leisure Centre	Patric Robson	01239 881665	19:00 - 20:00
Football Coaching (5-10 years) - booking essential	Fri	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@pembrokeshire.gov.uk	01239 831820	16:00- 17:00
Football training (adults & young people)	various	St Dogmaels Football Club	Brian Williams	01239 615293	various
French - year 1	Mon*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Friday Club (Children)	Fri	St Llawddog's Church, Cilgerran	Sharon George	07837 494946	16:30 - 16:30
Genealogy	Thu*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Gentle Exercise	Tue	St Dogmaels Memorial Hall	Doreen Francis	01239 614369	14:00 - 15:00
German - Year 1	Thu*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Graphic Design & Drawing	Tue*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Guides (Girls 10-14 years)	Fri	Hermon Community Centre	Caroline Wilson	01239 698475	17:00 - 19:00
Guiding Frenni Senior Section (Girls 14—26 years)	Fri, alt wks	Hermon Community Centre	Bev Hopkins bev@girlguidingpreseli.org.uk	07891 570180	19:00 - 21:00
Hairdressing City & Guilds Level 2 NVQ	Thu*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	17:00 - 21:00
Introduction to Creative Leathercraft Techniques	Wed*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	19:00 - 21:00

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# WEEKLY ACTIVITIES

WHAT	WHEN	WHERE	CONTACT	TEL:	TIME
Italian Year 1	Tue*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Japanese Language & Culture - Beginners	Mon*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Japanese Language & Culture - Beginners	Wed*	St Dogmaels School	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Jewellery Making	Tue*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Karate (Junior & Adults)	Mon	Crymych Market Hall	Sarah Jones	01239 698279	18:00 - 21:30
Keep Fit	Mon	Cilgerran Village Hall	Julie Nichols	01239 615144	19:00- 20:00
Kung-Fu	Fri	St Dogmaels Church Hall	Rob Morgan	01239 881681	19:00- 22:00
Law & Business Studies	Wed*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Newport Surf Lifesaving Club	Thu	Crymych Leisure Centre	Oliver Cooper	01239 820575	17:00 - 19:00
Mathematics GCSE - Level 1/2	Tue*	St Dogmaels School	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	18:00 - 20:00
Morris Dancing—Carreg Las	Wed	Abercych Village Hall	Ian Edwards	01554 890898	20:00 - 22:00
Patchwork & Quilting	Mon*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Pilates	Mon	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	17:30 - 18:30
Pilates	Thu	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	09:00 - 09:45

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# WEEKLY ACTIVITIES

WHAT	WHEN	WHERE	CONTACT	TEL:	TIME
Pilates	Fri	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@pembrokeshire.gov.uk	01239 831820	09:30 - 10:30
Pottery Mixed Ability	Wed or Thu*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Rag Rugging & General Craft Club	Mon	Preseli CLC	Jane Picksley	01239 831314	19:00 - 21:00
Rainbows (Girls 5-7 years)	Fri*	Eglwysrwrw Community Centre	Llinos Bowen plantbachywiad@aol.com	01239 891217	18:00 - 19:00
Rainbows (Girls 5-7 years)	Thu*	Hermon Community Centre	Hazel Jones hazel_jones@btinternet.com	01239 831595	16:30 - 18:00
Rainbows (Girls 5-7 years)	Thu*	St Dogmaels School	Catherine Johnson Catglen2004@tesco.net	01239 615682	15:30
Relaxation & Stress Management	Wed*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Science GCSE - Level 1/2	Tue*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Senior Citizens Luncheon Club	Thu	St Dogmaels Memorial Hall	Mrs Rhin Palmer	01239 613927	11:00 - 13:00
Short Mat Bowls	Thu	Abercych Village Hall	Alan Ford alan@onlybowls.com	01239 710005	19:30 - 21:30
Short Mat Bowls	Tue	Cilgerran Village Hall	Jackie Savidge	01239 615161	19:00 - 22:00
Short Mat Bowls	Fri	Cilgerran Village Hall	Jackie Savidge	01239 615161	14:00 - 17:00
Short Mat Bowls	Tue & Wed	Crymych Market Hall	Sylvia Reynolds	01239 831461	14:00 - 16:00 & 19:00-21:00
Short Mat Bowls	Thu	St Dogmaels Memorial Hall	Lon Griffiths	01239 612844	14:00 - 16:00 & 19:00 - 21:00

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# WEEKLY ACTIVITIES

WHAT	WHEN	WHERE	CONTACT	TEL:	TIME
Spinning, Weaving and Dyeing	Wed*	Penwenallt, Cilgerran	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	10:00 - 13:00
Spinning (Exercise) - Beginners	Tue	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	19:15 - 19:45
Spinning (Exercise) - Beginners	Wed	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	09:15 - 10:00 & 18:15 - 18:45
Spinning (Exercise) - Intermediate	Tue, Fri	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	18:00 - 19:00
Spinning (Exercise) - Advanced	Wed	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	19:00 - 20:00
Spinning (Exercise) - Intermediate	Thu	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	17:45 - 18:45
Stained Glass Traditional	Wed*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@ pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Swim Fit (Junior)	Tue	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01239 831820	18:30 - 20:00
Swimming	For information on all Public Swimming times and lessons, contact the Crymych Leisure Centre on 01239 831820				
Swimming Club (Preseli)	Tue	Crymych Leisure Centre	Susan Richards	01437 563463	17:15 - 18:15
Swimming Club (Junior)	Wed	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@ pembrokeshire.gov.uk	01437 563463	15:45 - 17:30
Tai Chi	Thu	Newchapel Reading Room	c/o J D Amos	07800 506017	19:00- 21:00
Tap Dancing (children / adults) from Oct 6th	Tue	St Dogmaels Church Hall	Sarah Davies	07967 941446	16:00- 19:00

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# WEEKLY ACTIVITIES

WHAT	WHEN	WHERE	CONTACT	TEL:	TIME
Tennis Coaching (5-10 years) Booking essential	Mon	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@pembrokeshire.gov.uk	01239 831820	16:00-17:00
Toning Session	Tue	Crymych Leisure Centre	Crymych Leisure Centre Darren.Bowen@pembrokeshire.gov.uk	01239 831820	19:10 - 19:40
Triathlon—Crymych Club (training)	Thu	Crymych Leisure Centre	Andrew Nicholas	07766 545382	19:00-20:00
Upholstery	Tue*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Upholstery	Thu*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Welsh Classes	Please see separate table on page 10				
Wildlife & Natural History (Univ. of Wales)	Wed*	Preseli CLC	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Working with Wood	Mon*	Ysgol y Preseli	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Yoga	Tue*	Boncath Hall	Learning Pembrokeshire preseli.learning@pembrokeshire.gov.uk	01239 831455	19:00 - 21:00
Yoga	Wed	Cilgerran Village Hall	Hilary Wilde	01239 621468	19:00-20:30
YFC	Thu	Eglwysrwr Church Hall	Dill Williams County Organiser sir.benfro@yfcwales.org.uk	01437 762639	20:00 - 22:00
YFC	Mon	Hermon Community Centre	Dill Williams County Organiser sir.benfro@yfcwales.co.uk	01437 762639	19:30
Youth Club (10-16 years)	Thu*	Cilgerran Village Hall	Liz Griffiths liz.griffiths@pembrokeshire.gov.uk	01437 776635	16:30-18:00
Youth Club (year 6 +)	Mon*	Boncath Village Hall	Mary Ann Collins	01239 841258	18:00-20:00

\* Term time only. Please check the start date and length of each course with the learning provider / contact. It is necessary to book places on courses in advance. Classes may be subject to change.

# WELSH CLASSES

Details of these courses are published in the Learning Pembrokeshire Programme for 2009-2010. It is advisable to book places on courses in advance. Classes may be subject to change.

WELSH CLASSES		LEARNING PEMBROKESHIRE 01239 831455 Preseli.learning@pembrokeshire.gov.uk		
Entry 1 / Mynediad 1	Mon	Coach House	10:00 - 12:00	
Entry 1 / Mynediad 1	Mon	Preseli CLC	10:00 - 12:00	
Entry 1 / Mynediad 1	Mon	Cilgerran School	19:00 - 21:00	
Entry 1 / Mynediad 1	Mon	Preseli CLC	19:00 - 21:00	
Entry 1 / Mynediad 1	Wed	Preseli CLC	13:00 - 15:00	
Entry 2 / Mynediad 2	Mon	Cilgerran School	19:00 - 21:00	
Entry 2 / Mynediad 2	Tue	Preseli CLC	10:00 - 12:00	
Entry 2 / Mynediad 2	Wed	St.Dogmaels Hall	10:00 - 12:00	
Entry 2 / Mynediad 2	Thu	Preseli CLC	19:00 - 21:00	
Entry 2 / Mynediad 2	Wed	St.Dogmaels Hall	10:00 - 12:00	
Entry 2 / Mynediad 2	Thu	Preseli CLC	19:00 - 21:00	
Foundation 1 / Sylfaen 1	Tue	St.Dogmaels Hall	10:00 - 12:00	
Foundation 1 / Sylfaen 1	Tue	Preseli CLC	19:00 - 21:00	
Foundation 1 / Sylfaen 1	Wed	Preseli CLC	10:00 - 12:00	
Foundation 2 / Sylfaen 2	Tue	Preseli CLC	10:00 - 12:00	
Foundation 2 / Sylfaen 2	Tue	Preseli CLC	19:00 - 21:00	
Intermediate 1 / Canolradd 1	Thu	Preseli CLC	11:15 - 13:15	
Intermediate 1/ Canolradd 1	Thu	Cilgerran School	19:00 - 21:00	
Intermediate 2/ Canolradd 2	Tue	Preseli CLC	18:30 - 20:30	

OTHER COURSES		UNIVERSITY OF WALES SWANSEA 01792 602070 cymraegioedolion@ abertawe.ac.uk		
Entry (Intensive) / Mynediad Dwys	Wed & Thu	Preseli CLC	19:00 - 21:00	
Entry (Intensive) / Mynediad Dwys	Fri	Preseli CLC	10.00 - 14:30	
Foundation (Intensive / Sylfaen Dwys	Mon & Fri	Preseli CLC	09:30 - 11:30	
Advanced 1 / Uwch 1	Wed	Preseli CLC	09:30 - 14:00	
Advanced 2 / Uwch 2	Wed	Preseli CLC	14:30 - 16:30	
Conversation / Siawns am Sgwrs	Mon	Preseli CLC	10:00 - 12:00	
Proficiency/ Graenus 1	Mon	Preseli CLC	09:30 - 11:30	

# MONTHLY & OTHER ACTIVITIES

WHAT	WHEN	VENUE	CONTACT	TEL	TIME
Archery	Sun	St Dogmaels Memorial Hall	Mike Smith	01239 654710	pm
Bois y Frenni	Tue	Preseli CLC	Peter John	01239 831999	20:00 -
Cerdd Dafod (Poetry)	Thu, Sep - Easter	Preseli CLC	Wyn Owens	01994 419594	19:30 - 21:00
Circle Dancing	1 <sup>st</sup> Wed	St Dogmaels Church Hall	c/oJean Walters	01239 614027	19:00- 22:00
Clwb Gwawr	2 <sup>nd</sup> Thu	Bwlch-y-groes Community Hall	Gwenan Phillips	01239 698419	19:30 - 22:00
Crymych Local Amenities Movement (CLAM)		Preseli CLC	Graham Robertson-Williams	01239 831742	
Cwmni Theatr Bro Preseli		Preseli CLC	Des Davies	01239 841483	
Cymdeithas Cymraeg		Cilgerran Village Hall	Martin Lloyd	01239 621895	19:30
Fforddoliion Dyfed	1 <sup>st</sup> Fri	Preseli CLC	Islwyn Selby	01239 831739	19:30 -
History Book Club		Bwlch-y-groes Community Hall	Rita Evans	01239 698233	
Gardening Club— Hermon & District	4th Wed	Lamb Inn, Hermon	Olwen Bowen	01239 831311	19:30
Gardening Club— Llechryd & District	2 <sup>nd</sup> Wed	Boncath Village Hall	Chris Evans	01239 612247	19:30
History Group St Dogmaels		various	Mary Higgins maryhiggins@talktalk.net	01239 615329	
Hoelion Wyth - Beca		Preseli CLC	Eurfyl Lewis	01994 419495	
Merched y Wawr Blaenffos	3 <sup>rd</sup> Wed	Blaenffos Chapel Vestry	Catrin Davies	01239 841579	19:00 - 22:00
Merched y Wawr Crymych	Thu	Rugby Club, Crymych	Yvonne Vaughan	01239 831351	19:00 - 21:00
Merched y Wawr Newchapel	1 <sup>st</sup> Thu	Newchapel Reading Room	Myfi James	01239 682350	19:30 - 22:00
Merched y Wawr St Dogmaels	Mon	St Dogmaels Memorial Hall	Mrs Rhin Palmer	01239 613927	
Merched y Wawr Tegryn	1 <sup>st</sup> Thu	Llwyn y Hwrdd Vestry	Buddug Ward	01239 831531	19:30 - 22:00

# MONTHLY & OTHER ACTIVITIES

WHAT	WHEN	VENUE	CONTACT	TEL	TIME
Neighbourhood Police—PACT	1 <sup>st</sup> Thu	Coach House	Neighbourhood Policing Officer—St Dogmaels area	101	14:00-15:00
Neighbourhood Police—PACT	1 <sup>st</sup> Sat	Crymych Market Hall	Neighbourhood Policing Officer—Crymych area	101	10:00-12:00
Neighbourhood Police—PACT	1 <sup>st</sup> Fri	Cilgerran Village Hall	Neighbourhood Policing Officer—Cilgerran area	101	15:00-19:00
Wednesday Club (Over 50's)	2 <sup>nd</sup> Wed	Cilgerran Village Hall	Pat Jones	01239 841478	14:00 - 16:15
WI Boncath	2 <sup>nd</sup> Tue	Y Bwythyn	Val Hall	01239 831670	19:00 -
WI Bwlch-y-groes	2 <sup>nd</sup> Tue	Bwlch-y-groes Community Hall	Anne Barlow	01239 891497	19:30 - 21:30
WI Eglwyswrw	2 <sup>nd</sup> Tue	Eglwyswrw Community Centre	Margaret Griffiths	01239 891268	20:00 -

# COMMUNITY VENUES

VENUE	CONTACT	TEL NO:
Abercych Village Hall	Alan or Elaine Ford alan@onlybowls.com	01239 710005
Blaenffos Chapel Vestry	D Windsor Thomas	01239 831514
Boncath Community Hall	David Evans demevans@btinternet.com	01239 841245
Bwlch-y-groes Community Hall / Old School	Rita Chambers	01239 698658
Cilgerran Primary School	Mrs Eluned Jones head.cilgerran@pembrokeshire.gov.uk	01239 614226
Cilgerran Village Hall	temporarily: Mrs Mary Lewis gordon.lewis@talktalk.net	01239 614216
Clynfyw Countryside Centre, Abercych	Jim Bowen jim.clynfyw@virgin.net	01239 841236
Coach House Visitor Centre, St Dogmaels	Angharad Eynon / Nia Siggins n.siggins@yahoo.co.uk	01239 615389
Children's Centre (Canolfan Plant y Frenni), Crymych	Jill Lewis	01239 832069
Crymych Leisure Centre	Darren Bowen Darren.Bowen@pembrokeshire.gov.uk	01239 831820

# COMMUNITY VENUES

VENUE	CONTACT	TEL NO:
Crymych Market Hall	Brian Jones bribud@tiscali.co.uk	01239 832029
Crymych Rugby Club	Mrs. Maureen Morgan	01239 831846
Eglwysrwrw Community Centre / The Old School	Mrs Margaret Griffiths	01239 891268
Hermon Community Centre	Jennifer Thomas jen@llysmegan36.freeseve.co.uk	01239 831633
Llwynyrhwrdd Chapel Vestry, Tegryn	Ray Samson	01239 698604
Newchapel Reading Room	Don Amos	07800 506017
Preseli Community Learning Centre, Crymych	Kevin Davies preseli.learning@pembrokeshire.gov.uk	01239 831455
Seion Chapel Vestry, Crymych	Hywel Lewis	01239 831229
St Llawddog's Church, Cilgerran	Canon Euros Thomas	01239 614500
St Dogmaels Church Hall / The Old School	Jean Walters	01239 614027
St Dogmaels Memorial Hall	Mrs Rhin Palmer	01239 613927
St Dogmaels School	Miss E Thomas	01239 613596
Star Chapel Vestry	Grett Evans	01239 841588
Welsh Wildlife Centre, Cilgerran	Llinos Richards lrichards@welshwildlife.org	01239 621600
Ysgol Clydau	Mrs E Howells head.clydau@pembrokeshire.gov.uk	01239 698236
Ysgol y Frenni	Mrs Julie Higginson head.yfrenni@pembrokeshire.gov.uk	01239 831427
Ysgol y Preseli—contact through Preseli Community Learning Centre for activities after 4 pm	Kevin Davies preseli.learning@pembrokeshire.gov.uk	01239 831455

# COMPUTER / IT COURSES

Details of these courses are published in the Learning Pembrokeshire Programme for 2009-2010. Please check the start date and length of each course with Community IT. It is advisable to book places on courses in advance. Classes may be subject to change.

CONTACT	EMAIL	TELEPHONE
Community IT	communityit.learning@pembrokeshire.gov.uk	01834 861712

COURSE	WHEN	WHERE	TIME
CLAiT Plus - Unit 3 Creating & Using a Database	Wed	Ysgol y Preseli	12:15 - 15:15
CLAiT Plus - Unit 6 E-Image Manipulation	Wed	Ysgol y Preseli	12:15 - 15:15
Developing Computer Skills	Wed	Ysgol y Preseli	18:15 - 20:15
Developing E-mail & Online Skills	Tue	Ysgol y Preseli	12:30 - 14:30
ECDL (European Computer Driving Licence)	Wed	Ysgol y Preseli	09:00 - 11:30
ECDL (European Computer Driving Licence)	Thu	Ysgol y Preseli	18:30 - 21:00
First Steps with Computers	Mon	Ysgol y Preseli	13:00 - 15:00
First Steps with Computers	Tue	Ysgol y Preseli	09:30 - 11:30
First Steps with Computers	Tue	Ysgol y Preseli	19:00 - 21:00
Introduction to Computers	Wed	St.Dogmaels School	12:30 - 14:30
Introduction to Computers	Fri	Clydau School	12:30 - 14:30
New CLAiT	Wed	St Dogmaels School	10:00 - 12:00
New CLAiT - Administrative Skills	Thu	Ysgol y Preseli	09:30 - 11:30
New CLAiT - Administrative Skills	Fri	Ysgol y Preseli	12:30 - 14:30
New CLAiT - Creative Skills	Fri	Ysgol y Preseli	09:30 - 11:30
New CLAiT - Creative Skills	Fri	Ysgol y Preseli	18:30 - 20:30
Text Processing Business Professional Levels 1-3	Thu	Ysgol y Preseli	12:30 - 14:30
Trace Your Family Tree (Introduction)	Tue	Ysgol y Preseli	16:30 - 18:30

# GREEN DRAGON BUS

Preseli Rural Transport Association (PRTA)



Community Minibus for Group Use  
An affordable way for groups to get around

Tel: 0845 686 0242  
E-mail: [admin@prta.co.uk](mailto:admin@prta.co.uk)  
Web: [www.greendragonbus.co.uk](http://www.greendragonbus.co.uk)

Bookings taken Monday to Friday 9:00<sub>am</sub> – 4:00<sub>pm</sub> – leave a message on the answer phone if no one answers.

Minibuses all have 15 seats (excluding the driver) are wheelchair accessible and fully insured for passengers and drivers. There is breakdown cover on all vehicles.

All groups wishing to use the bus must be a member of the PRTA – cost £10 per group per annum.

It is preferred that all registered groups appoint up to two volunteers from the local community to drive for the group. These drivers must have the relevant training to the MiDAS standard. Training can be provided if necessary.

Also available:  
Dial-a-Ride services Tel: 0845 6860242  
Preseli Hills Bus (previously known as the Walkers Bus)





The Supported Training & Education in Pembrokeshire (STEP) project offers FREE local training courses appropriate to the needs of the community. The training is delivered by Pembrokeshire College within local rural communities. We welcome suggestions for the types of courses which could be run in YOUR community hall or centre. Courses run in the past have included: a variety of crafts, food safety, First Aid, homeopathy and home energy efficiency.

The target number of people needed to make the course run is 10, but we may be able to be flexible. Typically courses run for 16 hours (8 x 2 hour lessons).

Support is available to enable carers to attend courses - further details can be found on the STEP website [www.pembs.ac.uk/step](http://www.pembs.ac.uk/step)



If you would like further information about this project, please contact Janet Davies on (01437) 753 246 (Pembrokeshire College ext 246) or E-mail [community@pembs.ac.uk](mailto:community@pembs.ac.uk)



Cronfa Amaethyddol Ewrop ar gyfer Datblygu Gwledig; Ewrop yn Buddsoddi mewn Ardaloedd Gwledig  
The European Agricultural Fund for Rural Development: Europe Investing in Rural Areas



Llywodraeth Cynulliad Cymru  
Welsh Assembly Government

The **Community and Skills Hub (CASH)** project which is facilitated by PLANED aims to link training to job experience and self employment. The project will provide a range of short training courses that have been identified by local communities and wherever possible the courses will be delivered in local Community Halls

Courses on offer include: heritage restoration skills; small scale green construction; care & repair; environmental conservation; gardening and horticulture/countryside skills; tourism guides; caring; train the trainer; several short courses that support personal confidence and customer care awareness.

For further details of CASH autumn programme, please contact Sarah Diment 01834 862107, E-mail: [sarahd@planed.org.uk](mailto:sarahd@planed.org.uk) or Liz Thomas 01834 862113, E-mail: [lizt@planed.org.uk](mailto:lizt@planed.org.uk)



*This project is part funded through the Rural Development Plan for Wales 2007-2013 which is funded by the Welsh Assembly Government and the European Union*



Cronfa Amaethyddol Ewrop ar gyfer Datblygu Gwledig; Ewrop yn Buddsoddi mewn Ardaloedd Gwledig  
The European Agricultural Fund for Rural Development: Europe Investing in Rural Areas



Llywodraeth Cynulliad Cymru  
Welsh Assembly Government



# NEWSLETTERS & WEBSITES

Information about activities held in the North Pembrokeshire area is also available in Clebran (Welsh language local newspaper), community newsletters and on community websites:

NEWSLETTERS		
Cilgerran Coracle	Emyr Phillips	01239 614321
Clebran	Cris Tomos cris.tomos@surfwise.co.uk	01239 831962 or 07974 099738
Grapevine (St Clears Deanery)	Rev Roger Thomas roget161247@hotmail.com	01239 831811
Tegryn Newsletter	Rod Bowen rod@rodbowen.co.uk	01239 698449
Y Sân (St Dogmaels)	Joan Fennell joan.m.fennell@fsmail.net	01239 614720

WEBSITES	
Cilgerran	cilgerran.info
Crymych	www.crymych.org.uk
Hermon, Glogue, Llanfyrnach	www.hermonglogue.co.uk
St.Dogmaels	www.stdogmaels.com
Tegryn	www.tegryn.com



This programme has been published by PLANED as part of the **Communities as a Hub** project, which aims to assist local areas to work together to make the most of opportunities and resources. If you would like more details about the project and how it is working in the North Pembrokeshire area, contact Katherine Jones on 01834 862115, E-mail: [katherinej@planed.org.uk](mailto:katherinej@planed.org.uk)

Whilst every effort has been made to ensure the accuracy of the programme, we would advise you to check details of activities by using the contact details provided. If you know of activities which can be included in any future editions, please contact Katherine Jones at PLANED on 01834 862115, E-mail: [katherinej@planed.org.uk](mailto:katherinej@planed.org.uk) PLANED is grateful to all those who contributed to collating this information.

If you wish to organise an activity in one of the community venues, use the contact details shown in the Community Venues list.

Details of planned festivals & events for inclusion in the Festivals & Events in Pembrokeshire 2010 Guide may be sent to [kated@planed.org.uk](mailto:kated@planed.org.uk) or call 01834 862109