

Safety Sense

The Safe Boat

Maintenance of engine, sails, gear
Anchor and chain / warp
Gas installation
Clothing and footwear
Lifejackets and harnesses
Harness attachments and jackstays
Guardrails
Dan buoy
Liferaft
Flares
First Aid Kit
Fire Extinguishers
Emergency tools and spares
Electronics
VHF
EPIRB
Navigation lights
Foghorn
Radar reflector
Radar
RNLI Sea Check scheme

The Safe Passage Plan

Timing
Weather and tides
Charts and pilot books – on board
Alternative strategies
Leave details on shore
CG 66

The Safe Skipper and Crew

- ❖ Basic Skills
- ❖ Training and briefing
- ❖ First Aid
- ❖ Collision Regs
- ❖ Lookout
- ❖ Passage planning

Safe Dinghy

Don't overload
Lifejackets
Fuel
Spares
Paddles
Anchor
Torch

Safe Passage

Watch organisation
Avoid fatigue
Radio watch
Weather watch
Seasickness
Keep warm
Food and drink
Gas precautions

If it goes wrong

Call for help early
Mayday procedures
Getting a tow
Flare drills
Fire drills
Liferaft drills
Man overboard
MOB Drills
With engine
Under sail
Recovery
Helicopter rescue