

## About your homeopath



Maggie Bevington is an experienced professional homeopath with a background of 20 years as a district nurse (SRN, DNCert.) and is married with 2 children.

She became a fully qualified homeopath in 1994, following a 5 year training course at the North West College of Homeopathy, Manchester. She is also a Reiki practitioner - (master) level III.

As a Registered member of the largest professional organisation registering homeopaths in the UK - Maggie is fully committed to continued personal & professional development through ongoing training & supervision.

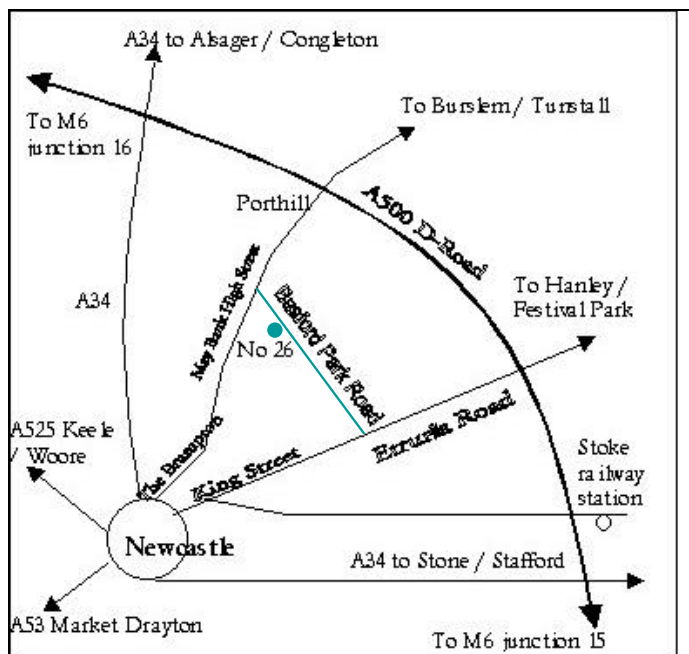
*Maggie aims to help individuals and families to improve their own health through homeopathic treatment and advice. For further information about courses & workshops in homeopathy, please contact Maggie.*

## How to find the Practice.

May Bank Homeopathic Practice is just 1 mile (1.5kms) from Newcastle town centre & is easily reached by bus or a 15-20 minute walk.

### Parking.

Please park in the drive or immediately in front of the practice.



### Nearest Bus Stations

Newcastle 1 mile; Hanley approx 2 miles.

**Bus timetable enquiries 08708 500 868**

**17** bus directly to Basford Park Road,

**34, 34A**, to \*Queens Hotel, Basford

**98, 99, 99A** to High Street, May Bank.

### Nearest railway station.

**Stoke-on-Trent** 2.3 miles (3.7kms).

**National Rail enquiries: 08457 48 49 50**



Maggie Bevington RSHom.  
Registered Member of the  
Society of Homeopaths



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## What is homeopathy?

"Homeopathy is a system of natural medicine which stimulates the body's own healing abilities using remedies chosen according to each individual person".

### *Homeopaths treat the person not the disease*

Homeopathy is based on the belief that "like cures like" and vastly diluted remedies are used to stimulate the body's own immune system.

### *Homeopathy treats the causes of illness, not just the symptoms*

Homeopathic medicine works very gently and deeply & can help to relieve both acute & chronic physical & emotional ailments.

### *What others say about homeopathy.*

*"After just a few consultations, my son's asthma had gone, his glue ear was under control & his eczema was beginning to subside".*

*Mrs. E. Kidsgrove.*

*"I cannot imagine how I could have achieved my recovery from depression /ME & progressed in other areas of my life had I not given homeopathy a chance".*

*Mrs. L. Packmoor.*

*"We wish we had visited from day one & certainly have no hesitation in recommending homeopathic treatment to others".*

*Mr & Mrs B. Stoke- On-Trent.*

## Homeopathic consultations.

Your first appointment usually lasts for about 90 minutes to allow plenty of time for you to discuss all aspects of your health. *There's no need to worry.....* the consultation is very relaxed & there are no tests or invasive examinations.

### *What you need to bring to your first appointment.*

- The completed medical history sheet included in your information pack
- Any records of current test results or treatments
- The "red book" / vaccination records for children requiring treatment.

### *After the first appointment*

Follow-up visits usually take up to 45 minutes and are initially 2-4 weekly according to individual need. A minimum of 3-4 appointments is generally recommended to fully experience long term benefits, reducing the frequency of visits as symptoms improve.

If you have any queries or acute problems between appointments you can ring a homeopath for advice. Prescriptions can be collected from the practice or posted to you.

*It is recommended that you maintain contact with your GP for diagnosis & emergency care and discuss any change in prescribed medication with your doctor.*

## Frequent questions.

### *Is homeopathy safe?*

Because no drugs are given & remedies are so dilute, homeopathy is VERY SAFE & can help people of all ages. Remedies can also be taken during pregnancy & are especially good for babies & children.

**NO DRUGS, NO HARMFUL EFFECTS.**

### *How long does it take to work?*

Remedies can begin to work immediately! This can differ according to the nature of symptoms, how long you have had the problem for & your overall level of health.

### *What can homeopathy treat?*

Because remedies are prescribed for each individual person rather than specific complaints, homeopathy can treat almost anything! Some of the commonest conditions treated are:-

*Allergies, anxiety & stress, children's complaints, depression, hormone imbalances, irritable bowel syndrome.*

Maggie has considerable experience in treating children, including those with learning or behavioural disorders.

*If you have any other questions or would like to make an appointment please ask!*