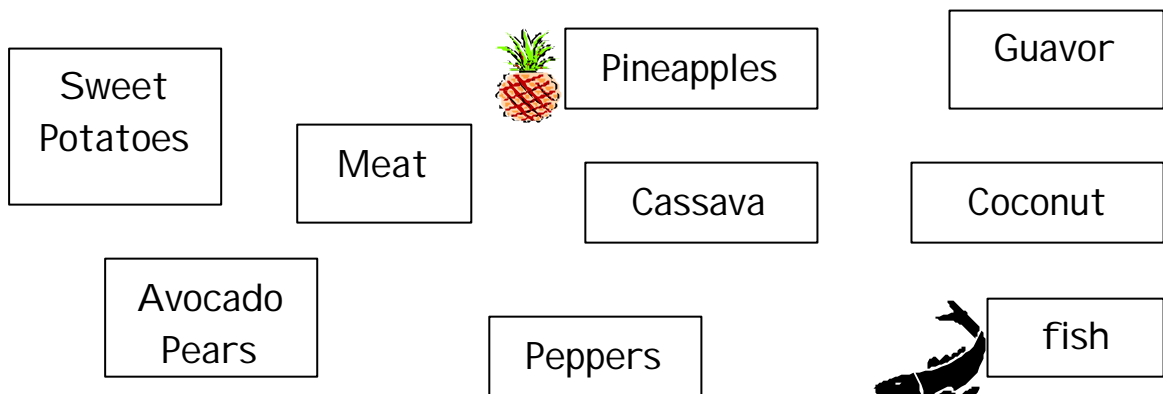


Caribbean Food



- ♣ Extremely varied cooking as many different types of food are grown there.
- ♣ Many foods were brought there by the Europeans, African and Chinese settlers.
- ♣ Before this the following foods were available:



Task

A. Copy and complete the following sentences.

1. In the Caribbean there is an extremely _____ range of cooking.
2. Many foods in the Caribbean came from Europe, China, _____ & _____.
3. Pulses also provided one of the most important protein foods besides _____ & _____.

India Meat Varied Africa Fish

B. Written Task

Either make up your own recipe from the above ingredients or look for some recipes for Caribbean cooking.