

1. **DATE** : 6th./7th. February 2010.

2. **ADMINISTRATOR** – Paul Trott, 157 Ermin Street, Brockworth,
Gloucester GL3 4HQ Tel 01452-865766
E-Mail entries@cotswoldmarathon.org.uk
Web Site www.cotswoldmarathon.org.uk

3. INTRODUCTION

The Cotswold Marathon is a winter night hike around Gloucester and over the Cotswold Hills. There are 3 routes:- Bronze 12miles, Silver 18miles and Gold 36miles. There is a maximum time limit of 7, 9 and 18 hours respectively. The Marathon is over varying terrain making it necessary for team members to have a good knowledge of mapping and orienteering. There are checkpoints every few miles around the route where drinks will be provided.

The hike starts at 1700 hours on the Saturday from Murray Hall, Tuffley Lane, Gloucester.

4. RULES

a) GENERAL

The marathon is only open to members of the Scout or Guide Associations.

b) CLASSES

CLASS	AGE RANGES (On Saturday of event)	NOTES
Bronze	Over 12 and under 14	Walkers under the age of 13 must be accompanied by an adult.
Silver	Over 13 and under 16	
Gold - Junior	Over 15 and under 18	
Gold - Senior	Over 15 and under 20	At least one member of the team must be aged over 18
Gold - Cotswold	Over 20 and under 65	
Composite teams of three members not covered by any of the above Gold Classes may walk the full marathon as long as all members are aged between 15 and 65 years old. Such a team will be eligible for the Lowery Trophy only.		

c) SCOUT/GUIDE LEADERS

Scout and Guide Leaders may walk with teams entering the Bronze and Silver classes. They must complete the section on the rear of the entry form and pay the entry fee for the Bronze/Silver Classes. Leaders walking with Scouts or Guides must finish the route with their teams.

d) TROPHIES AND AWARDS

Certificates and badges will be awarded to all walkers who complete the Marathon within the allotted times. Entry certificates and badges will be given to retirements.

BRONZE MARATHON TROPHIES

Gait Trophy	Fastest team in Bronze Class
Male Novice Trophy	Fastest Male team in Bronze Class
Female Novice Trophy	Fastest Female team in Bronze Class

SILVER MARATHON TROPHIES

Keith Aston Cup	Fastest team in Silver Class.
Tony Day Trophy	Second fastest team in Silver Class
Sealey Trophy	Fastest team in Silver Class from <u>outside</u> Gloucestershire.
Glos Div Girls Trophy	Fastest Female team in Silver Class

GOLD MARATHON TROPHIES

Lowery Trophy	Overall fastest team in Gold Class
Junior Trophy	Fastest team in Gold -Junior Class
Senior Trophy	Fastest team in Gold - Senior Class
Justin Bailey (Lonsdale) Trophy	Fastest team in Gold - Cotswold Class
Soble Trophy	Fastest Veteran team (all members over 30)
Lasses Trophy	Fastest Female team in Gold - Junior or Senior Classes
Ladies Trophy	Fastest Female team in Gold - Cotswold Class
Guest Trophy	Fastest team in Gold - Junior or Senior Classes from <u>outside</u> the County of Gloucestershire.

The winners of the Lowery Trophy, Gait Trophy and Keith Aston Cup are not eligible for any other trophy.

e) TEAMS

A TEAM will consist of three people at the start of the hike. If more than three walkers start together, three must be nominated as the team at the start and only these three will qualify for a TEAM prize.

If one or more members of a team retire during the event then the remaining members of the team will be allowed to complete the hike with another team but will NOT be eligible for a Team prize.

f) RETIREMENTS

Walkers not reaching checkpoint 5 within 5 hours from their start time will be retired.

g) BACK-UP VEHICLES

Back-up vehicles are not allowed, their use will result in disqualification. Supporters are asked not to follow the route in vehicles as parked vehicles cause congestion at checkpoints and in narrow lanes along the route. This could jeopardise the safety of walkers and prevent ambulances etc. getting to any incident.

h) KIT

The following kit must be taken by EACH walker :

Footwear suitable for rough and wet terrain(The organisers reserve the right to insist that walkers wear 'BOOTS' if adverse conditions prevail on the day), long warm trousers(not jeans), torch, spare batteries and bulb, cagoule/anorak, over trousers, sweater, gloves, warm hat, spare woollen socks, first aid kit, emergency food supply, survival bag(not lightweight), whistle, reflective bandolier or waistcoat, reflective leg bands, reflector or reflective tape on rucksac.

The following minimum kit to be carried as team equipment :

Sleeping bag, compass, maps(- O.S. 1/50,000 Nos. 162 & 163 or 1/25,000 Explorer series No. 179 or Pathfinder series SO 80/90 and SO 81/91)

5. FOOD

a) During the hike each member is expected to carry their own food in addition to an emergency food pack. At most checkpoints there will be squash available and at some checkpoints hot drinks will also be provided.

b) Breakfast will be available (see entry form) from 06.00 hours on Sunday. Breakfast must be booked and paid for in advance and will only be served to those who have vouchers. Last breakfast served at 09:30 hours.

6. PROVISIONAL ROUTE

START-822154 : CP1-841151 : CP2-870153 : CP3-872181 : CP4-887172
CP5-896166 : CP6-893148 : CP7-928144 (Bronze Finish) : CP7A-931152
CP8-949147 : CP9-965128 (Silver Finish) : CP10-956093 : CP11-933060
CP12-900071 : CP13-878088 : CP14-847096 : CP15-823125 : FINISH-822154.
Walkers in Silver and Gold classes must pass through both CP7 and CP7A

7. PRACTISE WALKS

During the event safety cover and supervision is provided, however, on practise walks it is the Leaders responsibility to ensure that adequate supervision is provided. The weather conditions on the route can change very quickly and become very hostile during the winter months.

For your own safety it is important that reflective clothing is worn on practise hikes and the Country and Highway Codes are obeyed.

8. GENERAL

The organisers and Gloucester District Scout Council accept no responsibility whatsoever for any loss incurred during the weekend of the event. Walkers should make their own arrangements for insurance of possessions if they feel it necessary.

All teams must report to Murray Hall for KIT INSPECTION at least 30 minutes before their starting time, which will be given on your confirmation of entry.

Certificates and trophies will be presented at 10.30a.m. on the Sunday, at Murray Hall.

E1-10/09

GLoucester DISTRICT SCOUT COUNCIL

Cotswold Marathon



37th. YEAR

6th./7th. FEBRUARY 2010



Cotswold Marathon

GLOUCESTER DISTRICT
SCOUT COUNCIL



ENTRY FORM – 6th./7th. FEBRUARY 2010.

*** USE BLOCK LETTERS PLEASE ***

ROUTE TO BE WALKED (Please tick)		OFFICE USE	
<input type="checkbox"/>	12 Mile Bronze Route		
<input type="checkbox"/>	18 Mile Silver Route	<input type="checkbox"/>	36 Mile Gold Route
TROOP / UNIT NAME CORRESPONDENT - All communications will be directed to this person including notification of rule changes or cancellation. NAMETel.No..... ADDRESSPostcode..... E-MAIL ADDRESS			GR. BV. ST. E3.
TEAM LEADER MOBILE..... FORENAME.....SURNAME.....(Miss/Mrs/Mr) ADDRESSTel.No..... DATE OF BIRTH AGE ON DAY OF EVENT(Years)			No.
SECOND MEMBER MOBILE..... FORENAME.....SURNAME.....(Miss/Mrs/Mr) ADDRESSTel.No..... DATE OF BIRTH AGE ON DAY OF EVENT(Years)			No.
THIRD MEMBER MOBILE..... FORENAME.....SURNAME.....(Miss/Mrs/Mr) ADDRESSTel.No..... DATE OF BIRTH AGE ON DAY OF EVENT(Years)			No.
I confirm that the details given on this form are correct and that walkers are capable of undertaking the COTSWOLD MARATHON and will comply with the rules of the Marathon. I accept that no claims for loss can be made against the organisers or Gloucester District Scout Council. Medical problems/disabilities are noted overleaf. SIGNED.....LEADER (Full name).....			
(**NOTE** The leader who signs above must be a warranted leader)			**P.T.O.**

SCOUT / GUIDE LEADER ----- Walking with team in the Bronze or Silver Classes FORENAME.....SURNAME.....(Miss/Mrs/Mr) ADDRESS MOBILE.....Tel.No..... DATE OF BIRTH AGE ON DAY OF EVENT(Years)	No.
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MEDICAL PROBLEMS AND DISABILITIES - this is important for your safety.

Please list below any medical problems or disabilities that team members have. This information will remain confidential to the organisers and medical staff.	
Name.....	Details.....
Name.....	Details.....
Name.....	Details.....
Name.....	Details.....

ENTRY FEES ENCLOSED

		QUANTITY	AMOUNT (£)
BRONZE/ SILVER CLASS	£6:00 per person (Includes badge)		
GOLD CLASSES	£7.50 per person (Includes badge)		
BREAKFAST VOUCHERS	£2.00 per person		
EARLY ENTRY REFUND	£1.00 per person before 24/01/10	Deduct	
		TOTAL	

NOTES

- Please return entry form together with cheques payable to SCOUT COTSWOLD MARATHON (no cash please) to:- Paul Trott, 157 Ermin Street, Brockworth, Gloucester GL3 4HQ (TEL 01452-865766)
- Entries are STRICTLY limited to the first 150 Teams to return entry form.
- The closing date for entries is the 24th. January 2010 after which date entry fees and vouchers become non-returnable unless the event is cancelled by the organisers. To avoid disappointment, early entries are advisable as it is possible that the maximum number of entries may be reached well before this date. An early entry discount of £1.00 per person will apply to all entries received before this date.
- One or two additional walkers may walk with a team to make a group of 4 or 5. The details of the additional walkers should be submitted on a separate entry form. **The actual team of three who will qualify for trophies must be specified at the start of the event.** Leaders walking with a team in the Bronze or Silver classes should complete the box at the top of this page.
- Please record Mobile numbers overleaf if they will be carried on the walk.



Cotswold Marathon

GLOUCESTER DISTRICT
SCOUT COUNCIL



Cotswold Marathon Sweatshirts, Polo Shirts and Fleeces

If you would like to order a Cotswold Marathon sweatshirt, polo shirt or fleece jacket, please fill in the form below and return it by **January 18th. 2010** to the Marathon Administrator. Orders received after this date may not be ready in time for the marathon and will have to be posted on. A small charge will be made for this. Please return form enclosing the full fee for each item ordered to:- **Paul Trott, 157 Ermin Street, Brockworth, Gloucester GL3 4HQ (TEL 01452-865766)** Cheques should be made payable to 'Scout Cotswold Marathon'

All garments will have a Marathon Motif (Marathon Compass) on the left hand side embroidered in gold. The Fleece Jackets have a full zip and two zipped pockets.

Normal Sweatshirts @ £15:00 (XXL+£1:00) Enter name below	Navy or Dark Green	Small Adult Qty	Medium Adult Qty	Large Adult Qty	XL Adult Qty	XXL Adult Qty	Total
							£
							£
							£
							£
							£
							£
Fleece Jackets @ £20.00 (XXL+£1:00) Enter name below	Navy or Dark Green	Small Adult Qty	Medium Adult Qty	Large Adult Qty	XL Adult Qty	XXL Adult Qty	
							£
							£
							£
							£
							£
							£
Grand Total							£

Signed:(Leader in Charge)

Address

.....

.....Post Code.....

Telephone No.

Name of Group/Company/Unit..... E6 - 10/09