

Summer Multi-Terrain League in association with Birkenhead A.C.  
**THURSTASTON MULTI-TERRAIN CHALLENGE** (Permit Applied For)  
Supported by



Tuesday 20<sup>th</sup> May 2008 at 7.15pm

Approx 6 miles on road, path, track and beach terrain. From adjacent to the Visitors' Centre, Wirral Country Park, Thurstaston, Wirral.

**PRIZES** Prizes for the first three males U/40, O/40, O/50  
Prizes for the first three females U/35, O/35, O/45  
Memento to Every Finisher

UNDER UK ATHLETICS RULES

Entry Fees: Club members £4; non-Club members £6. Entries on day £1 extra.  
Closing date: Friday 16<sup>th</sup> May 2008 - Min age: 17 male / 20 female on day of race.

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ENTRY FORM - Thurstaston Multi-Terrain Challenge

NAME ..... AGE ON DAY OF EVENT .....

ADDRESS .....

M/F ..... CLUB (state if non-club member) ..... N.O.E.A.A No.....

Enclosed: Club member's entry fee - £4 (+ £1 on Night) .....  
Non-club member's entry fee - £6 (+ £1 on Night) .....  
Results by post (50p) .....  
Total £.....

I accept that I compete in this event at my own risk and that the organisers shall not be liable for any accident, injury or loss as a consequence of my participation. I will abide by UK Athletics rules.

Signed ..... Date .....

Send entries to: John Keyworth, 53 Grange Cross Lane, Newton, West Kirby, Wirral CH48 8BL (0151 625 9807). Cheques payable to Summer Multi-Terrain League. Enclose SAE 9x4.

Results will also be available on [www.birkenheadac.co.uk](http://www.birkenheadac.co.uk)