

## HELLHOLE 10k RESULTS - 19th OCTOBER 2008

Position	Forename	Surname	Club	Category	Race no	Time
1	Stewy	Bell	Chester le St	M40	103	00:34:39
2	James	Buis	Heaton	M	73	00:34:47
3	James	Jarvis	Herne Hill Harriers	M	77	00:35:58
4	Steven	Armstrong	Unattached	M	150	00:36:12
5	Conrad	Franks	Gateshead	M	26	00:36:51
6	Ritchie	Grey	Jarrow & H.	M	132	00:37:12
7	Gary	Hetherington	Sedgefield Harriers	M45	105	00:37:18
8	Patrick	Duffy	Unattached	M	65	00:37:26
9	John	Donneky	Derwentside	M	115	00:38:55
10	William	Horsley	Elvet	M	96	00:39:19
11	Michael	Bunn	Jarrow & H.	M50	10	00:39:39
12	James	Dowdle	Durham City H	M	130	00:40:03
13	Neil	Morris	Low Fell	M45	163	00:40:04
14	Geoffrey	Armstrong	Sunderland H	M45	125	00:40:08
15	Alan	Dent	Blaydon	M50	81	00:40:27
16	Luke	Aston	Blaydon	M	79	00:40:51
17	David	Old	Chester le St	M	136	00:40:53
18	Russ	Atkinson	Unattached	M	38	00:40:58
19	Peter	Milburn	N Aycliffe	M45	28	00:41:04
20	David	Nicholson	Low Fell	M50	69	00:41:24
21	Grzegorz	Mikolajczuk	Unattached	M	138	00:42:03
22	Graham	Dawson	Unattached	M40	166	00:42:54
23	Chris	Hassell	NEVAC	M45	75	00:42:55
24	David	Salmon	Blaydon	M	97	00:43:08
25	Andrew	Bell	Unattached	M	126	00:43:16
26	George	Reid	N Aycliffe	M50	129	00:43:18
27	Michael	Graham	Low Fell	M45	161	00:43:23
28	Michael	Bennett	Elvet	M50	102	00:43:25
29	Sarah	Lister	Blackhill Bounders	F	64	00:43:29
30	Paul	Inskip	Heaton	M40	82	00:43:50
31	Kevin	Lister	Unattached	M	27	00:44:10
32	Graham	Youngson	Loftus & Whitby	M55	158	00:44:12
33	Lawrence	Johnson	Low Fell	M45	118	00:44:16
34	Fiona	Turley	Heaton	F	153	00:44:18
35	Stephen	Endalott	Unattached	M	147	00:44:37
36	Liam	McCullough	Unattached	M	20	00:44:47
37	Samantha	Birch	Unattached	F	148	00:44:54
38	Jonathan	Conlon	Unattached	M	107	00:45:09
39	Simon	Bell	Blackhill Bounders	M45	134	00:45:11
40	Ean	Parsons	Sedgefield Harriers	M45	36	00:45:22
41	Michael	Henry	Alnwick	M55	146	00:45:30
42	Carl	Watson	Low Fell	M40	131	00:45:38
43	Philip	Inglehearn	Unattached	M50	3	00:45:45
44	Ray	Sheriff	Unattached	M40	159	00:45:54
45	Ian	Middlemas	Unattached	M	30	00:46:08

46	Ian	Mitchell	Carnegie Harriers	M50	39	00:46:09
47	Desmond	Purdom	Unattached	M40	120	00:46:11
48	Mandy	Herworth	Claremont	F35	33	00:46:19
49	Edward	Baty	Heaton	M55	71	00:46:24
50	er	Walker	Unattached	M	156	00:46:42
51	David	Gibson	Unattached	M40	23	00:46:44
52	Peter	Embleton	Alnwick	M55	43	00:46:44
53	John	Dallinson	N F R	M55	155	00:46:58
54	Claire	Bruce	Morpeth	F35	109	00:47:05
55	Janet	Raper	N Aycliffe	F45+	50	00:47:21
56	Keith	Lant	Unattached	M50	122	00:47:28
57	Scott	Hydon	Sedgefield Harriers	M	142	00:47:41
58	Susan	Milburn	N Aycliffe	F45+	29	00:47:43
59	Barrie	Storey	Unattached	M	87	00:47:49
60	James	Ford	Jarrow & H.	M	140	00:47:50
61	John	Cockburn	Alnwick	M60	59	00:48:25
62	Dave	Dale	Heaton	M	80	00:48:37
63	Norman	Cooper	Alnwick	M55	112	00:48:46
64	Alister	Robson	Unattached	M	144	00:48:50
65	Rosie	Sims	Sedgefield Harriers	F	41	00:49:12
66	Valerie	Wilson	Unattached	F45+	15	00:49:20
67	Dave	Walker	Unattached	M45	5	00:49:22
68	Joe	Thornhill	Unattached	M	4	00:49:26
69	Graeme	Cherry	Sedgefield Harriers	M	35	00:49:27
70	John	Oswald	Unattached	M55	124	00:49:27
71	Emily	Thompson	Sunderland H	F	114	00:49:28
72	Paul	Rea	Saltwell H	M50	168	00:49:40
73	Daniel	Cane	Unattached	M	90	00:49:47
74	Susanne	Hunter	Blyth	F35	46	00:49:57
75	Kevin	Smith	Unattached	M	84	00:50:02
76	Richard	Hockin	Unattached	M55	89	00:50:04
77	Victoria	Williams	Unattached	F	116	00:50:06
78	John	Thompson	Unattached	M50	70	00:50:07
79	David	Cooper	Alnwick	M60	128	00:50:16
80	Amanda	Hetherington	Sedgefield Harriers	F45+	106	00:50:22
81	Gavin	Caygill	Unattached	M	100	00:50:24
82	Archie	Jenkins	Morpeth	M55	141	00:50:33
83	David	Johnson	N S P	M50	121	00:50:35
84	Dave	Clarke	Blackhill Bounders	M	133	00:50:58
85	Sonia	Waters	Unattached	F45+	6	00:51:03
86	Kevin	McKernan	Unattached	M50	55	00:51:04
87	Janet	McRae	N Aycliffe	F45+	14	00:51:08
88	Mike	Gill	Blackhill Bounders	M60	135	00:51:13
89	George	Adamson	N S P	M55	95	00:51:23
90	Dawn	Marland	Unattached	F	60	00:51:32
91	Bridget	Peberoy	Alnwick	F45+	145	00:51:41
92	Doug	Jardine	Unattached	M	167	00:52:05
93	Marie	Walker	Sedgefield Harriers	F35	40	00:52:16

94	Keith	Buston	Unattached	M55	24	00:52:21
95	Fred	Wood	Sund. Strollers	M	160	00:52:24
96	Richard	McQuade	Gosforth H.	M40	110	00:52:31
97	Steven	Jackson	Preston Harriers	M45	104	00:52:38
98	er	Forster	N Aycliffe	M50	11	00:52:41
99	Paul	Jackson	Alnwick	M45	149	00:52:47
100	Philip	Johnson	Unattached	M	127	00:53:09
101	Albert	Storey	Cramlington	M55	154	00:53:15
102	Jeff	Henderson	NEVAC	M40	68	00:53:17
103	Joanne	James	Sedgefield Harriers	F35	123	00:53:19
104	Suzanne	Kirkup	Chester le St	F45+	61	00:53:22
105	Stephen	Phillips	Unattached	M45	22	00:53:33
106	Keith	Weavers	Aurora	M40	164	00:53:55
107	Alan	Springhall	Unattached	M45	139	00:54:16
108	John	Davidson	Tynedale H	M50	119	00:54:18
109	David	Manners	Claremont	M55	72	00:55:55
110	Ann	Curtis	Unattached	F45+	16	00:56:04
111	Neil	Williams	Unattached	M	143	00:56:08
112	Elizabeth	Allan	Alnwick	F35	53	00:56:12
113	Dave	Bendy	Alnwick	M65+	88	00:56:43
114	Andrew	Hunter	Unattached	M40	47	00:56:47
115	Kenny	McCormick	Claremont	M55	83	00:56:59
116	Revelle	Littlewood	Unattached	F	76	00:57:15
117	Mark	Phillips	Blackhill Bounders	M40	137	00:57:34
118	Ken	McDonald	South Shields	M65+	54	00:57:53
119	Neil	Hunter	Unattached	M	48	00:58:06
120	Danielle	Monaghan	Claremont	F	152	00:58:36
121	Lisa	Cooke	Unattached	F	58	00:58:50
122	Alison	Lumley	Blyth	F35	21	00:58:54
123	Stephen	Manifold	Unattached	M50	18	00:59:32
124	Lynsey	Manifold	Unattached	F	17	00:59:34
125	er	Clynes	Unattached	M	19	00:59:34
126	Helen	Nixon	Unattached	F45+	165	00:59:42
127	Emma	Graham	Unattached	F	162	01:00:09
128	Kathleen	Dallinson	Claremont	F45+	151	01:00:11
129	Nigel	Cooke	Unattached	M40	101	01:00:22
130	Jennifer	Allison	Unattached	F	8	01:00:45
131	Sarah	Gartside	Gosforth H.	F35	111	01:00:54
132	Alan	Prest	Quakers	M60	157	01:00:56
133	Andrew	Murray	Derwentside	M	117	01:03:15
134	Joanne	Gunnion	Unattached	F	66	01:04:22
135	Raymond	Bradley	Unattached	M65+	67	01:04:22
136	Patrick	Kelly	Birtley	M40	25	01:05:04
137	Katie	Robson	Elswick	F	94	01:06:11
138	Lynne	Barclay	Unattached	F35	113	01:06:11
139	Rebecca	Cross	Unattached	F	62	01:07:53
140	Paul	Cross	Unattached	M45	63	01:07:53
141	Doug	Michael	Horton	M45	85	01:10:00

142	Gillian	Olson	Unattached	F35	2	01:14:56
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